



The Mental Health Shared Care program in Sydney Local Health District is working to improve the physical health of people living with mental illness by supporting collaboration between SLHD Community Mental Health teams and Consumers' preferred GPs, in partnership with CESPHN.

A Shared Care Clinician or Care Coordinator supports a mental health Consumer to attend a GP for an annual health check, helping them communicate concerns and sharing key information about physical health, lifestyle and preventative screening.

GPs are invited to complete a personalised comprehensive health assessment, guided by the Mental Health Shared Care Plan and/or ccChiP report. Afterward, they or the consumer can seek mental health team support for follow-up actions or treatment review.

Together, the Shared Care Clinician and the GP enable access to physical health interventions that lead to meaningful improvements in long-term health outcomes. The program currently has 300 GPs and 650 Consumers' participating.

How GPs Can Engage

GPs don't need to "refer" into the Mental Health Shared Care program – the mental health service initiates the process. As required, GPs are encouraged to contact the mental health service to coordinate joint care or request a supported consult.

GPs are encouraged to contact the Consumer's Care Coordinator.

For program enquiries and to be involved, please contact the Shared Care Clinician:
Richard Tippett (CNC) 0436 666 691

Mental Health Share Care SLHD - Community HealthPathway:
<https://sydney.communityhealthpathways.org/417450.htm>