

Psychological Support Services (PSS)

Program Update

June 2026

Central and Eastern Sydney PHN (CESPHN) is making an administrative change to how the Psychological Support Service (PSS) is contracted, effective from 1 July 2026. This change is designed to strengthen program oversight, improve consistency across services, and support a more streamlined referral process, supporting the long-term sustainability of the service while keeping access to care unchanged.

From 1 July 2026, PSS will move to a single lead organisation model. APMHA HealthCare Ltd will become the lead organisation responsible for the program. Lilly Pilly Counselling will continue delivering a small portfolio of targeted PSS services as a subcontracted provider through APMHA. This change affects only how the service is managed and contracted by CESPHN and does not affect the care or support provided to consumers.

There will be no changes made to how consumers access or receive the service. PSS referral requirements, eligibility requirements, session arrangements, and the way care is delivered will remain the same, however referral pathways will be streamlined through the e-Referral Form, improving access to care. Consumers currently receiving support through PSS will continue their care without interruption and will complete their approved episodes of care as planned. The majority of clinicians who currently deliver PSS will remain part of the program, transitioning to APMHA. The La Perouse clinic will remain open as part of the new PSS arrangement, with Lilly Pilly continuing to provide important services to the local Aboriginal community.

No action is required from consumers or referrers. Consumers can continue to access PSS as they currently do now.

For more information regarding the e-Referral Form, please see our [website here](#).

FAQs for the change have been developed and can be accessed [here](#).

For more information, please contact CESPHN at mentalhealth@cesphn.com.au or on 1300 170 554.