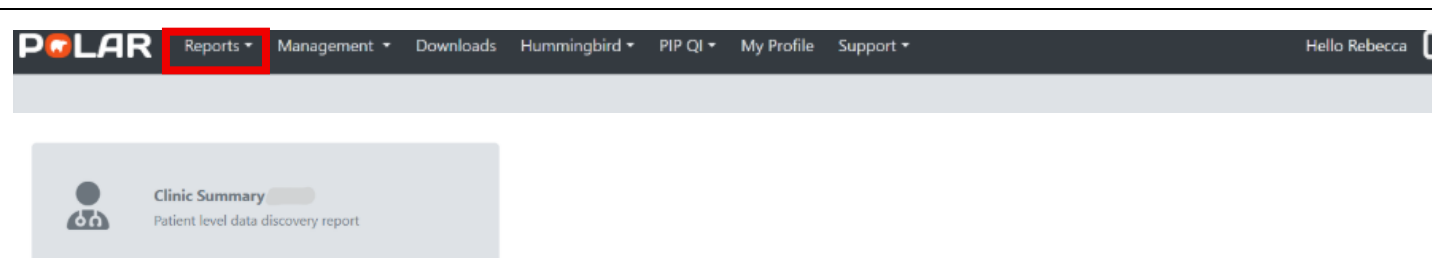


DEMENTIA QI TOOLKIT – POLAR GUIDE

Activity 1.1 – Data Collection from POLAR

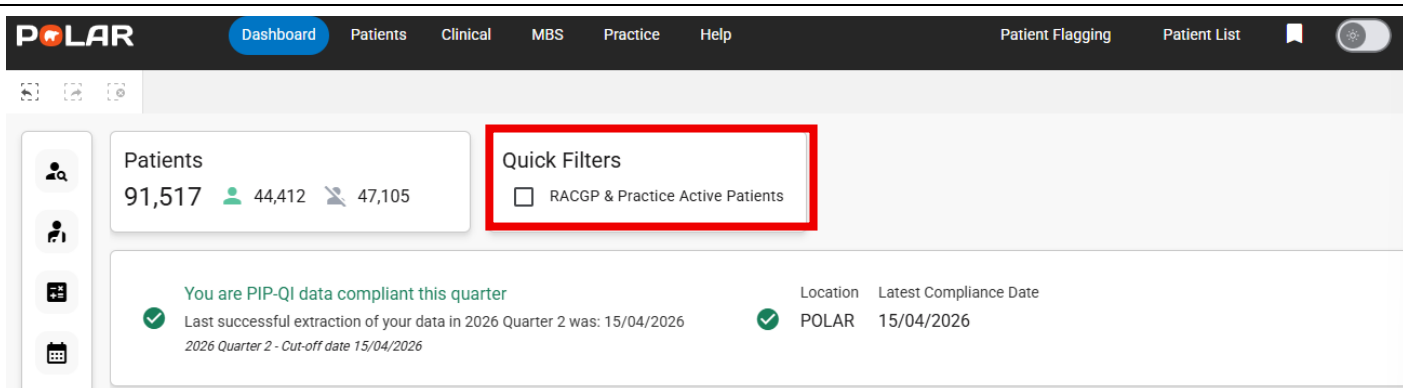
1. Click on 'Reports' on the top bar of the POLAR page

- Then click on 'Clinical Summary'

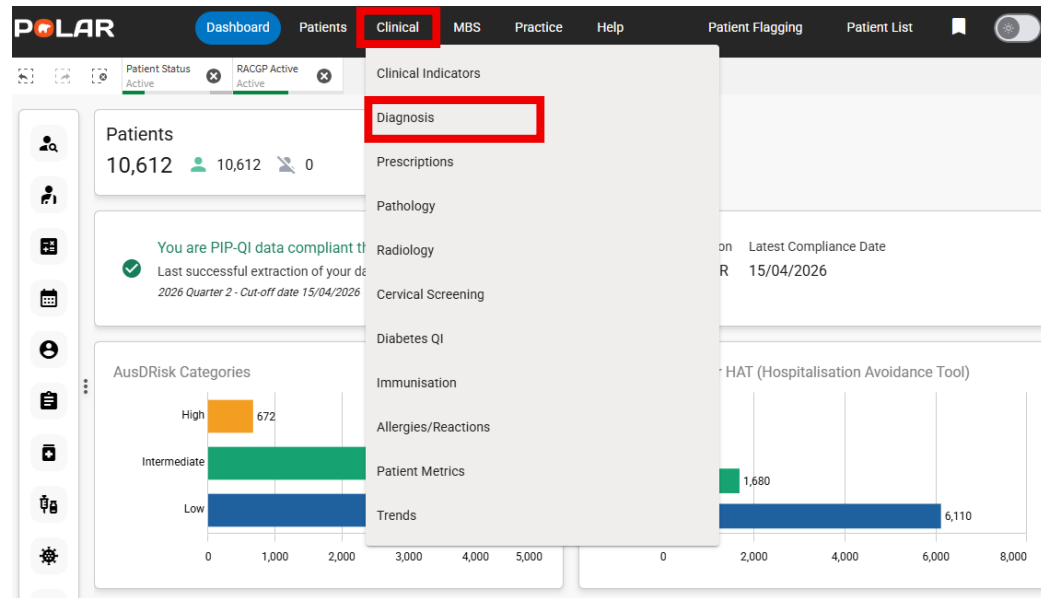


2. Click on the quick filter to ensure 'RACGP & Practice Active Patients'

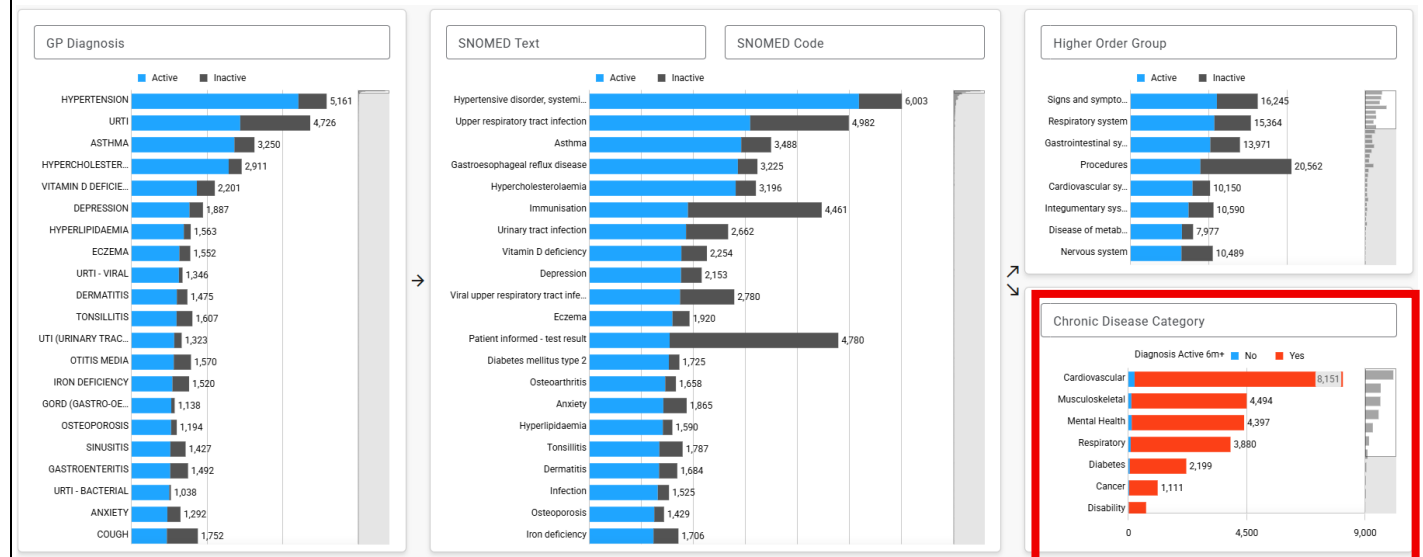
Note: to capture active patients per RACGP criteria alone, you can remove the 'Patient Status' filter after selecting 'Quick Filters' and use the following guide with 'RACGP Active' only.



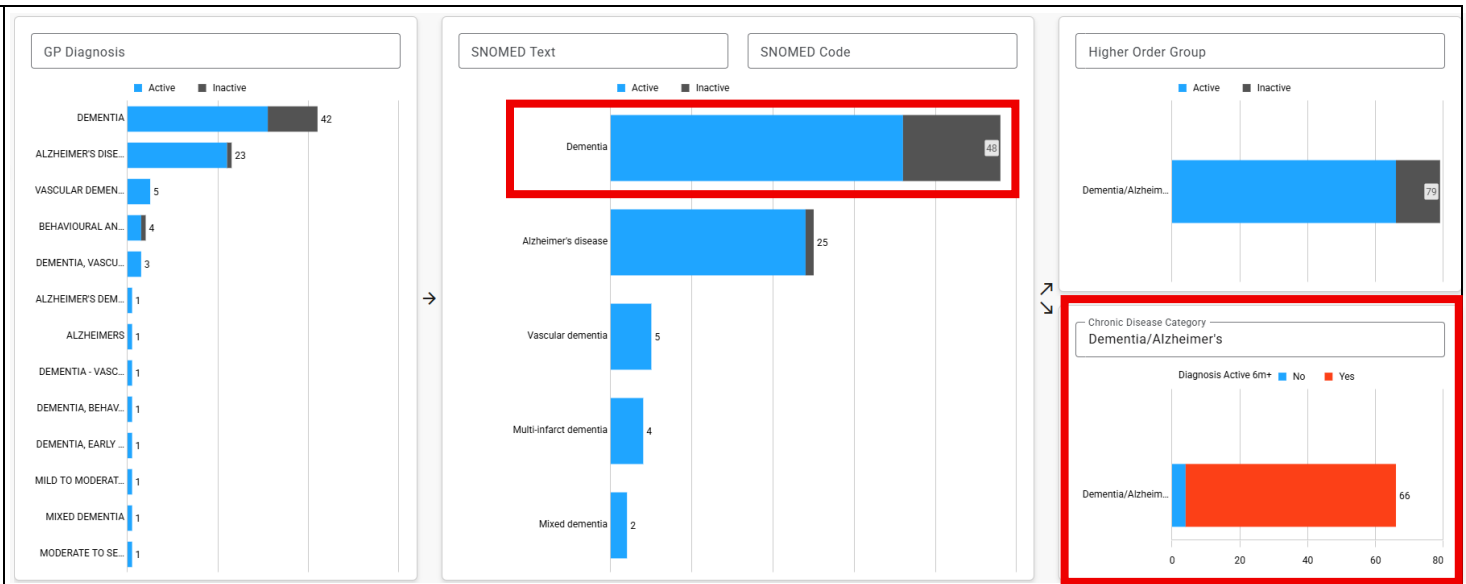
3. On the top bar of the webpage select 'Clinical' and then 'Diagnosis'.



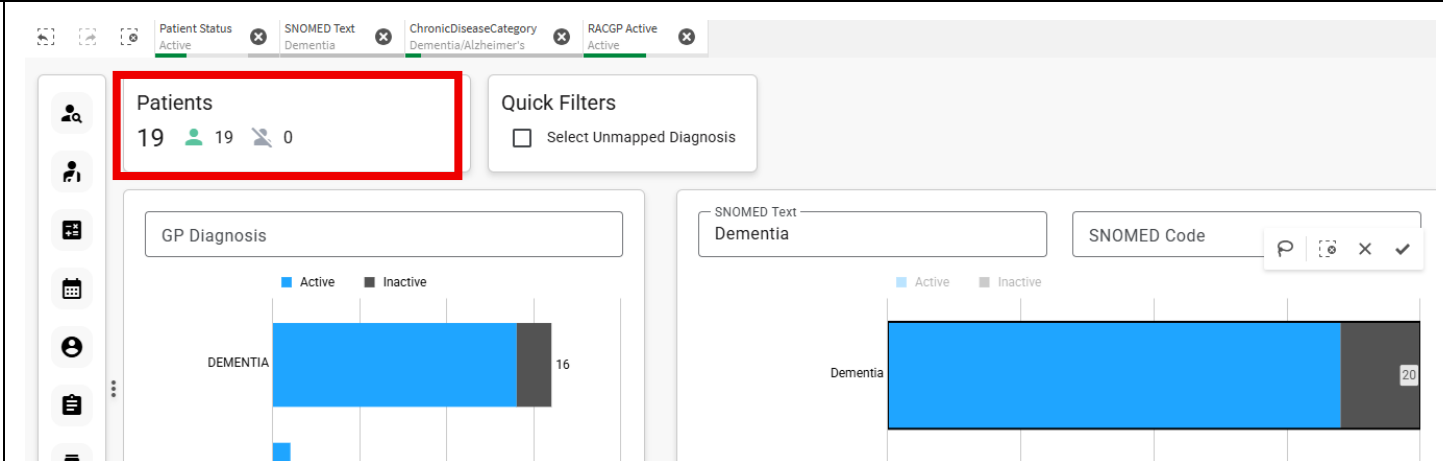
4. The following page will appear. On the bottom right, click on the 'Dementia/Alzheimer's' category.



5. After selecting the Dementia/Alzheimer's category, the middle column "SNOMED" will show the total number of active patients with Dementia/Alzheimer's. Click on Dementia.



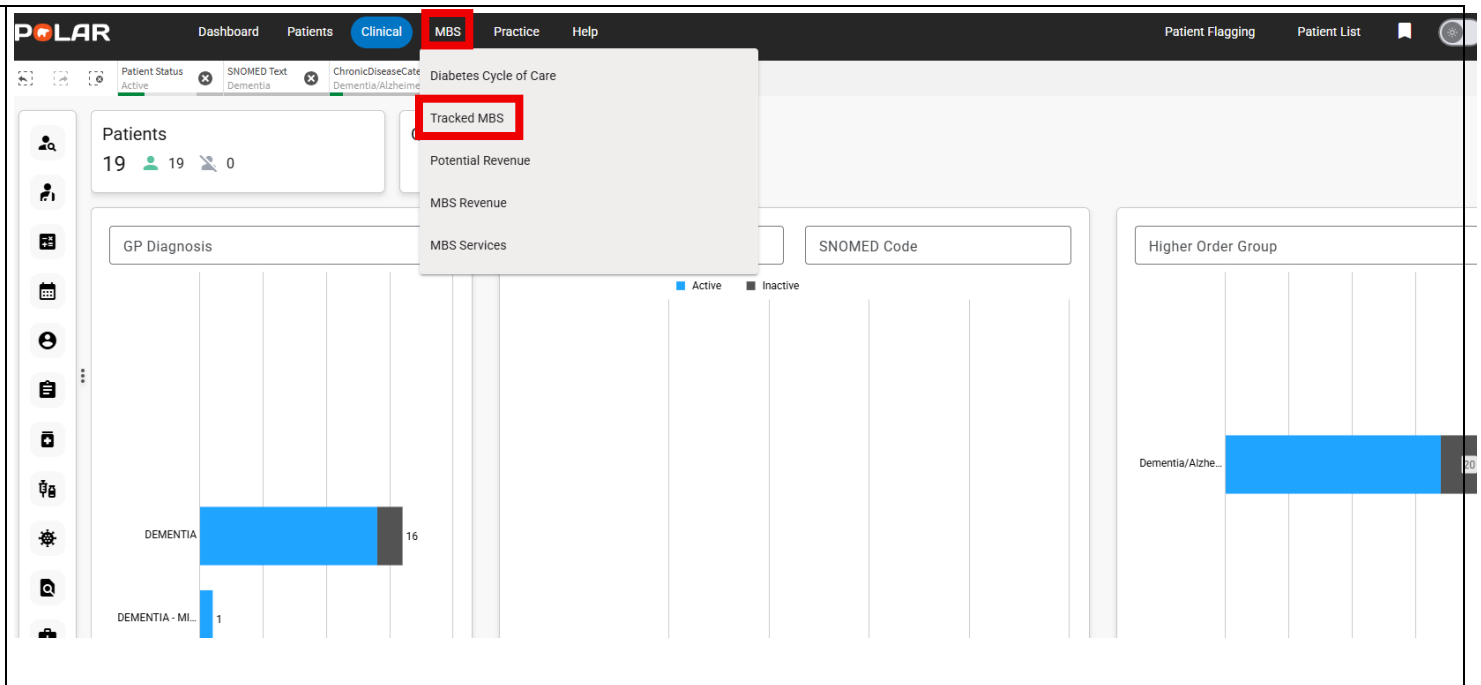
6. You can now view the number of active patients with dementia.



7. To determine the number of active patients with dementia aged 75 years and older who have NOT had a Health Assessment completed in the last 12 months:

- Click on 'MBS' then 'tracked MBS'.

Note: ensure relevant 'Patient Status/RACGP Active', 'SNOMED Text' and 'ChronicDiseaseCategory' dementia filters are still active.



8. This webpage will appear, click on the eye next to '75+ Health Assessment' and this will identify which patients have not had this assessment in the past 12 months (under 'To Action').

- If you wish to generate a list of patients to consider completing a 75+ Health Assessment, select 'combined'. Then select 'patient list' in the top right of the screen to generate a list of patients.

The screenshot displays the POLAR MBS dashboard. The top navigation bar includes links for Dashboard, Patients, Clinical, MBS (selected), Practice, and Help. On the right, there are links for Patient Flagging and Patient List (highlighted with a red box). Below the navigation bar, filters for Patient Status (Active), SNOMED Text (Dementia), ChronicDiseaseCategory (Dementia/Alzheimer's), and RACGP Active (Active) are shown. A dropdown menu for 'Selected TMBs Item' is set to '75+ Health Assessment'. To the right, 'Tracked MBS Review Eligibility' options are set to 3 Months (selected), 6 Months, and 9 Months. On the left sidebar, the 'To Action' tab is highlighted with a red box, showing a count of 13. Below it are buttons for 'Never Had', 'Expired', and 'Combined' (highlighted with a red box). Further down are buttons for 'Partially Claimed' (0), 'For Review', and 'For Renewal'. The main table displays various MBS items with columns for View, Tracked MBS Item, Active, Active Review, To Action, Expired, Never Had, Partially Claimed, Eligible for Renewal, Eligible for Review, Potential Anomalies, and Cla. The '75+ Health Assessment' row is highlighted with a red box, showing 6 Active, 13 To Action, 7 Expired, and 6 Never Had.

View	Tracked MBS Item ↑	Active	Active Review	To Action	Expired	Never Had	Partially Claimed	Eligible for Renewal	Eligible for Review	Potential Anomalies	Cla
👁	GPCCMP	5	0	14	0	14	4	0	4	0	2
👁	Indigenous Health Assessment	0	Not Applicable	0	0	0	Not Applicable	Not Applicable	Not Applicable	0	0
👁	Indigenous Nurse Assessment	0	Not Applicable	0	0	0	Not Applicable	Not Applicable	Not Applicable	0	0
👁	Chronic Disease Nurse Assessment	0	Not Applicable	5	2	3	0	0	Not Applicable	0	0
👁	45-49 Health Assessment	0	Not Applicable	0	0	0	Not Applicable	Not Applicable	Not Applicable	0	0
👁	75+ Health Assessment	6	Not Applicable	13	7	6	Not Applicable	Not Applicable	Not Applicable	0	1
👁	Home Medication Review	2	Not Applicable	12	3	9	Not Applicable	Not Applicable	Not Applicable	0	1

9. To view the number of active patients with dementia who had a medication review in the previous 12 months, stay on the current page and click on the eye next to 'Home Medication Review'. You can now identify how many patients have had a medication review under the 'Active' column.

Note: ensure relevant 'Patient Status/RACGP Active', 'SNOMED Text' and 'ChronicDiseaseCategory' dementia filters are still active.

Patients 19 19 0

Selected TMBS Item: Home Medication Review

Tracked MBS Review Eligibility: ☒ 3 Months ☐ 6 Months ☐ 9 Months

To Action: 12

Never Had Expired Combined

Partially Claimed: 0

For Review For Renew

Fully Claimed: 2

View	Tracked MBS Item ↑	Active	Active Review	To Action	Expired	Never Had	Partially Claimed	Eligible for Renewal	Eligible for Review
	GPCCMP	5	0	14	0	14	4	0	4
	Indigenous Health Assessment	0	Not Applicable	0	0	0	Not Applicable	Not Applicable	Not Applicable
	Indigenous Nurse Assessment	0	Not Applicable	0	0	0	Not Applicable	Not Applicable	Not Applicable
	Chronic Disease Nurse Assessment	0	Not Applicable	5	2	3	0	0	Not Applicable
	45-49 Health Assessment	0	Not Applicable	0	0	0	Not Applicable	Not Applicable	Not Applicable
	75+ Health Assessment	6	Not Applicable	13	7	6	Not Applicable	Not Applicable	Not Applicable
	Home Medication Review	2	Not Applicable	12	3	9	Not Applicable	Not Applicable	Not Applicable
	Heart Health Check	0	Not Applicable	13	0	13	Not Applicable	Not Applicable	Not Applicable
	Diabetes Cycle of Care	0	Not Applicable	7	0	7	Not Applicable	Not Applicable	Not Applicable

10. To view the number of active patients with dementia with a BP and cholesterol in a healthy range recorded in the last 12 months go to 'Clinical' then 'Clinical Indicators'.

Note: ensure you remove the filter 'Patient ID'.

POLAR Dashboard Patients **Clinical** MBS Practice Help

Patient Status: Active SNOMED Text: Dementia Chn Den

Clinical Indicators

Diagnosis Prescriptions Pathology Radiology

Patients 19 19 0

To Action Overview

11. To screen for patients only within the last 12 months, click on 'Activity' on the left-hand side panel. Then click on 'Activity Date Range' and select the following date ranges.

The screenshot displays a patient screening interface with the following elements:

- Filters:** Patient Status (Active), SNOMED Text (Dementia), ChronicDiseaseCategory (Dementia/Alzheimer's), and RACGP Active (Active).
- Patients:** 19 (19 active, 0 inactive).
- Inclusions:** 19 (plus icon).
- Exclusions:** (empty field).
- Intersection:** (empty field).
- Filters:** All (unchecked), Demographics (checked), Clinical Measures (unchecked), and Diagnosis (checked).
- Activity Type:** (empty field).
- Patient Activity Count:** (empty field).
- Activity Date Range:** (selected filter) with a dropdown menu showing the following options:
 - ☒ 2 to 3 months ago
 - ☒ 4 to 6 months ago
 - ☒ 7 to 12 months ago
 - ☒ Last 1 month
 - ☐ Outside 12 months
- Buttons:** Active (x) and Active (x) buttons.

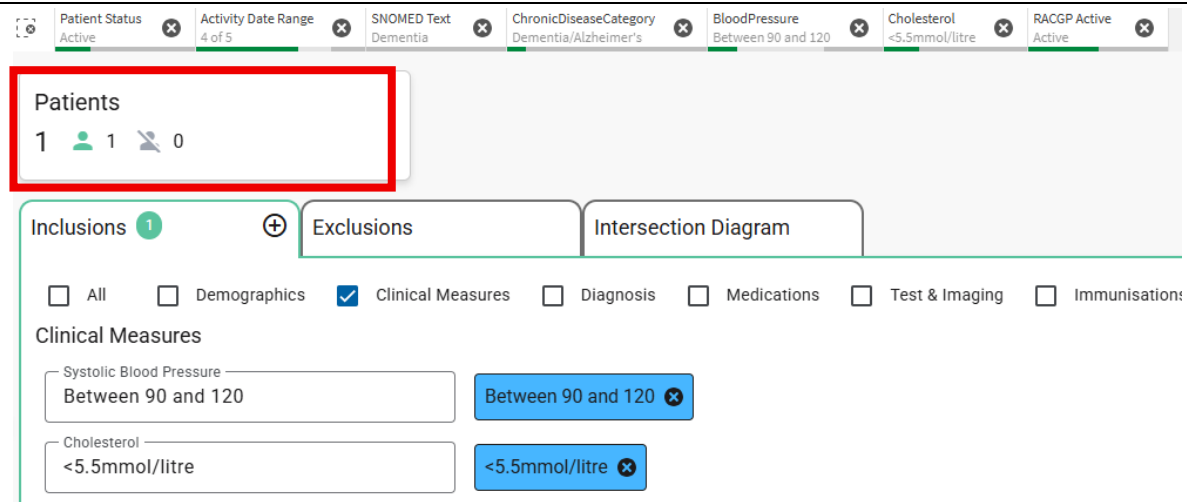
12. Select 'Clinical Measures'.

The screenshot shows a patient selection interface. At the top, there are filter tabs: Patient Status (Active), Activity Date Range (4 of 5), SNOMED Text (Dementia), ChronicDiseaseCategory (Dementia/Alzheimer's), and RACGP Active (Active). Below these, a 'Patients' summary shows 16 patients. The main section has three tabs: Inclusions (16), Exclusions, and Intersection Diagram. Under the Inclusions tab, there are checkboxes for 'All', 'Demographics', 'Clinical Measures' (which is checked and highlighted with a red box), 'Diagnosis', 'Medications', and 'Test & Imaging'. Below these checkboxes, under the heading 'Clinical Measures', there are two input fields: 'Systolic Blood Pressure' and 'Cholesterol'.

13. Select 'Systolic Blood Pressure' then select 'Between 90 and 120'. Select 'Cholesterol' then select '<5.5mmol/litre'.

The screenshot shows the 'Clinical Measures' section of the interface. The 'Inclusions' tab is active, showing 3 inclusions. Below the tabs, there are checkboxes for 'All', 'Demographics', 'Clinical Measures' (checked), 'Diagnosis', 'Medications', and 'Test & Imaging'. Under the heading 'Clinical Measures', there are two input fields: 'Systolic Blood Pressure' and 'Cholesterol'. The 'Systolic Blood Pressure' field contains the text 'Between 90 and 120' and is highlighted with a red box. To its right is a blue button with the text 'Between 90 and 120' and a close icon. The 'Cholesterol' field contains the text '<5.5mmol/litre' and is also highlighted with a red box. To its right is a blue button with the text '<5.5mmol/litre' and a close icon.

14. You can now view the number of active dementia patients with a BP and cholesterol in a healthy range within the last 12 months.



Patient Status: Active

Activity Date Range: 4 of 5

SNOMED Text: Dementia

ChronicDiseaseCategory: Dementia/Alzheimer's

BloodPressure: Between 90 and 120

Cholesterol: <5.5mmol/litre

RACGP Active: Active

Patients

1  1  0

Inclusions 1  Exclusions Intersection Diagram

☐ All ☐ Demographics ☒ Clinical Measures ☐ Diagnosis ☐ Medications ☐ Test & Imaging ☐ Immunisation

Clinical Measures

Systolic Blood Pressure: Between 90 and 120 

Cholesterol: <5.5mmol/litre 

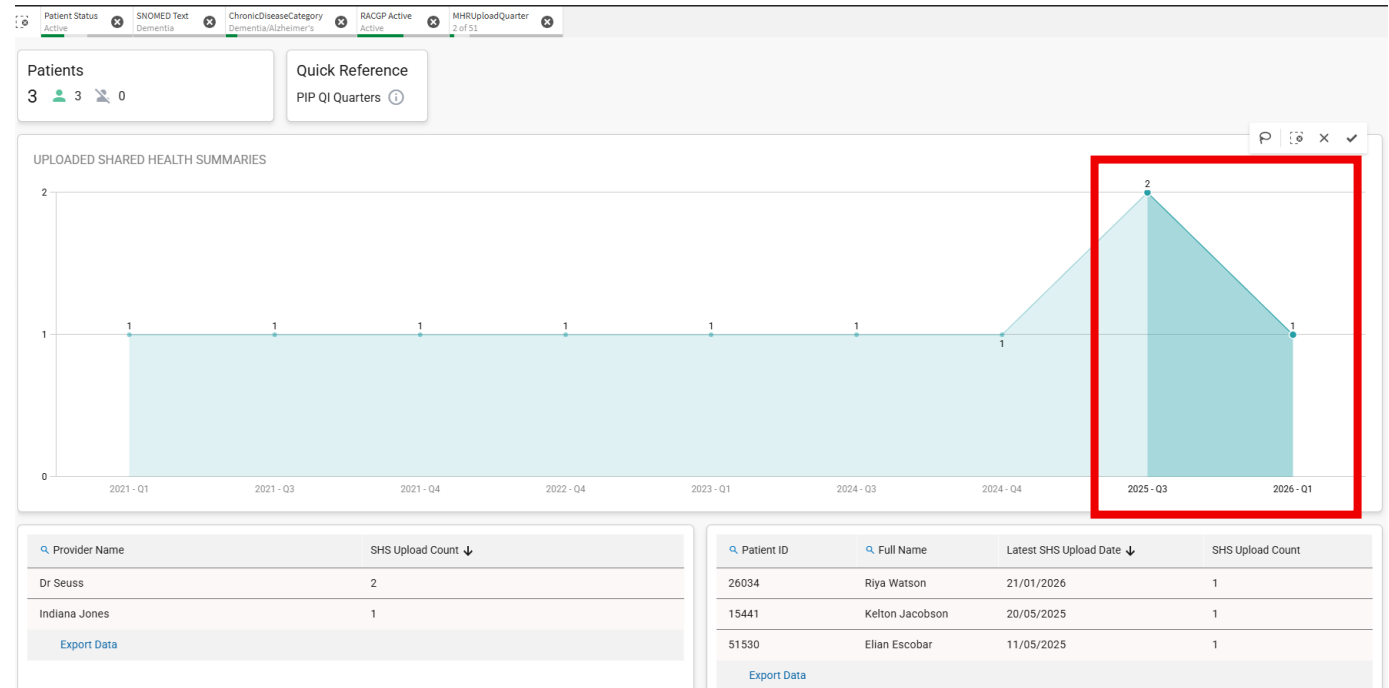
15. To view the number of active patients with dementia who had a shared health summary uploaded in the previous 12 months, go to 'patients' then 'MHR'

Note: ensure you remove the filters 'BloodPressure', 'Cholesterol', and 'Activity Date Range' before proceeding.

The screenshot shows the POLAR clinical dashboard. The top navigation bar includes 'Dashboard', 'Patients' (highlighted with a red box), 'Clinical', 'MBS', 'Practice', and 'Help'. A dropdown menu is open under 'Patients', showing options: 'Patients', 'Quality', 'Risk Factors', and 'MHR' (highlighted with a red box). The main content area displays 'Patients' with a count of 1, and 'Inclusions' with a count of 1. Below this, there are filter sections for 'Clinical Measures' (Systolic Blood Pressure: Between 90 and 120, Cholesterol: <5.5mmol/litre, eGFR, BMI) and 'Diagnosis' (All, Demographics, Clinical Measures, Diagnosis, Medications, Test & Imaging, Immunisations). The 'Clinical Measures' section is currently selected.

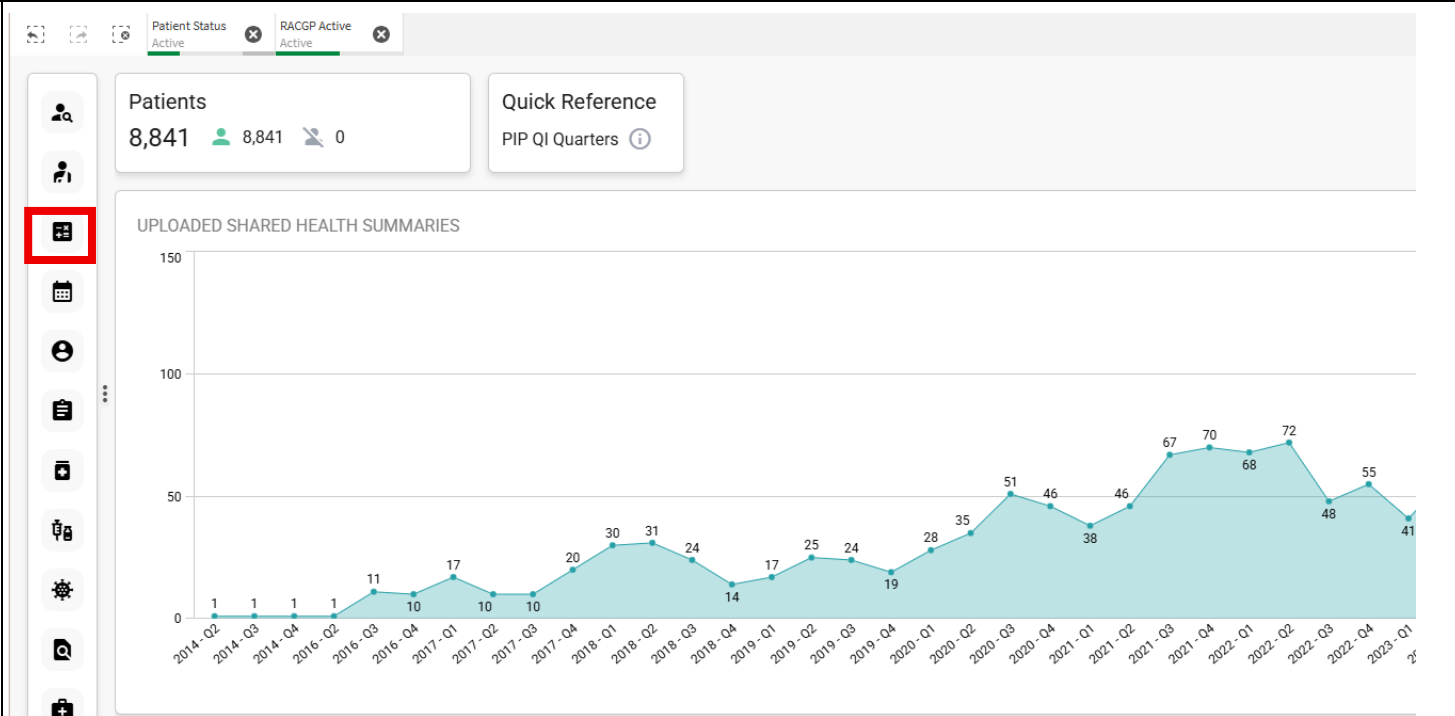
16. On this page, you can view uploaded shared health summaries.
- To view the number of shared health summaries within the last 12 months, click on the last four PIP QI Quarters under ‘Uploaded shared health summaries’.
 - In the current example, this would include 2026 Q2 – 2025 Q3 (seen in the green box).

Note: if you notice some PIP QI Quarters missing, this is because there were 0 health summaries uploaded during this time. These missing quarters are still calculated in the ‘last four months’ to ensure only shared health summaries uploaded in the last 12 months are captured.



17. To view the number of active patients who are at high risk of dementia, go to 'Risk Categories' on the left-hand side bar.

Note: remove 'MHRUploadQuarter', 'SNOMED Text', and 'ChronicDiseaseCategory' filters before proceeding.



18. Select 'Dementia risk'
and 'Yes'.

Patient Status RACGP Active Dementia Risk
Active Active Yes

Patients
 143 143 0

Quick Reference
 PIP QI Quarters i

UPLOADED SHARED HEALTH SUMMARIES

CVD Risk
 HAT Risk
 APRI Risk
 AusDRisk Category

Dementia Risk
 Type to search... ✓ 🔍

☒ Yes
☐ No

Cervical Cancer Screening Status
 Skin Cancer Screening Status
 Life! Criteria

Period	Count
2018-01	3
2018-02	2
2018-03	2
2019-01	2
2019-02	2
2019-03	4
2019-04	2

SHS Upload Count ↓
 29

19. You can now view the number of active patients who are at risk of dementia.



Patient Status

Active

RACGP Active

Active

Dementia Risk

Yes



Patients

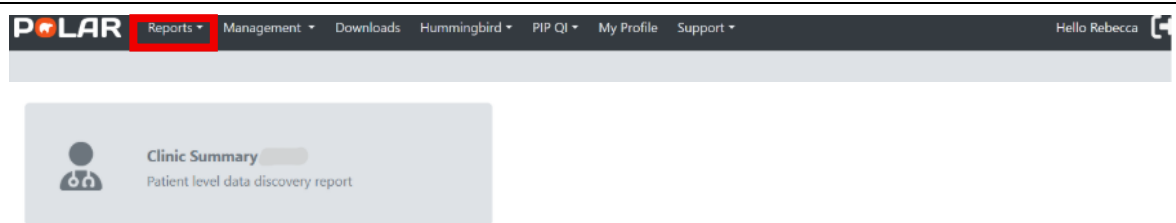
143  143  0

Quick Filters

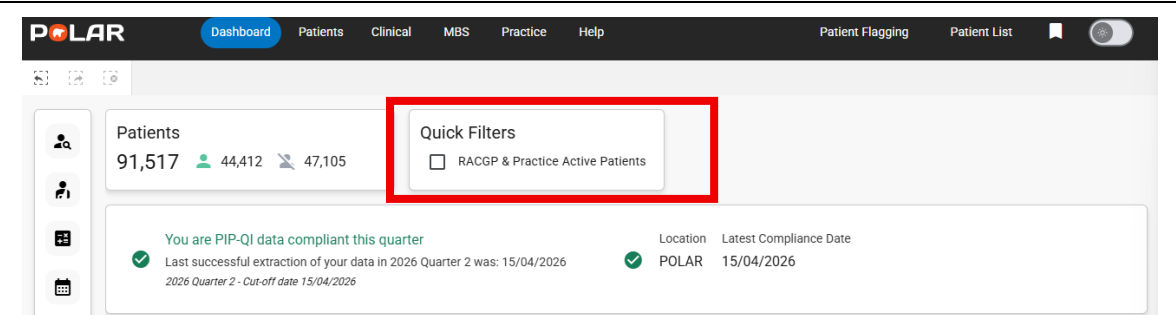
☒ RACGP & Practice Active Patients

Activity 6.1 – Data Collection from POLAR

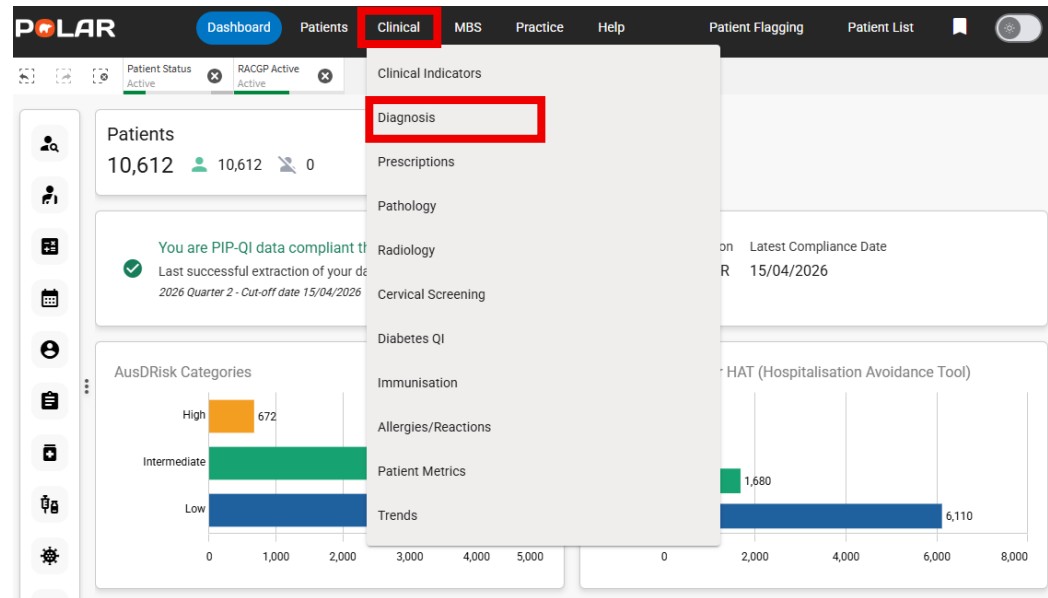
1. Click on 'Reports' on the top bar of the POLAR page
 - Then click on 'Clinical Summary'



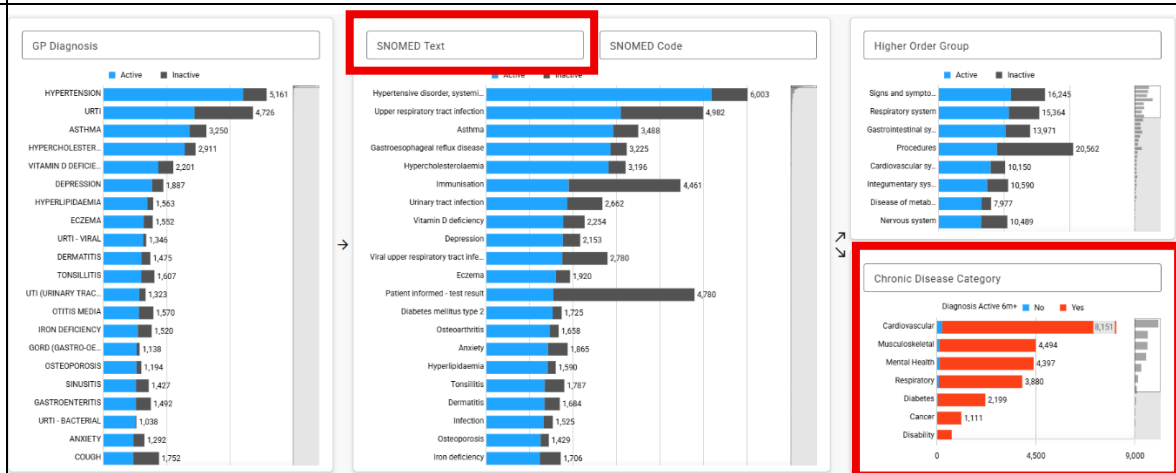
2. Click on the quick filter to ensure 'active patients'



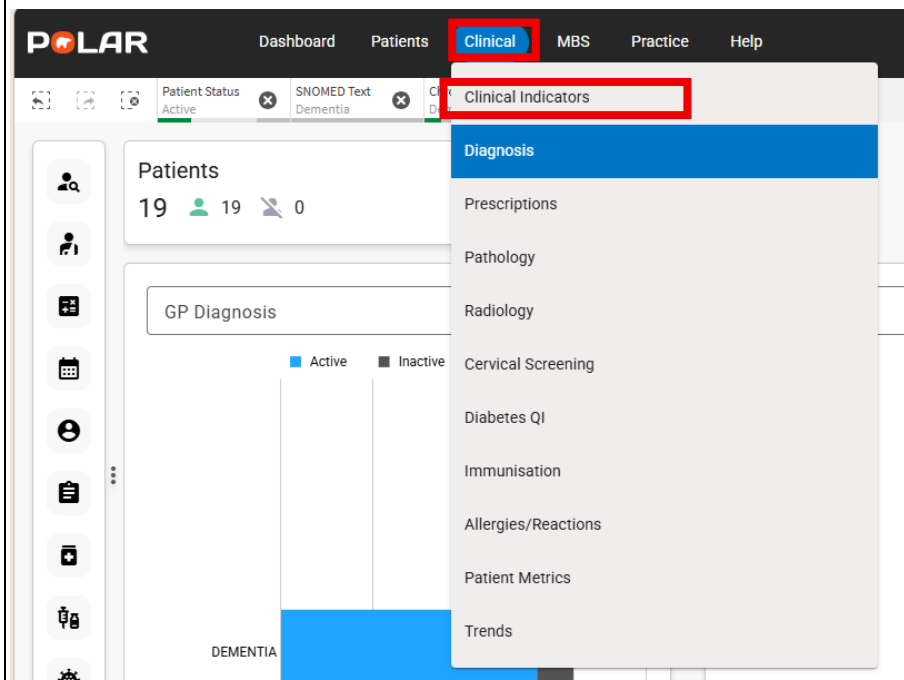
- On the top bar of the webpage select 'Clinical' and then 'Diagnosis'.



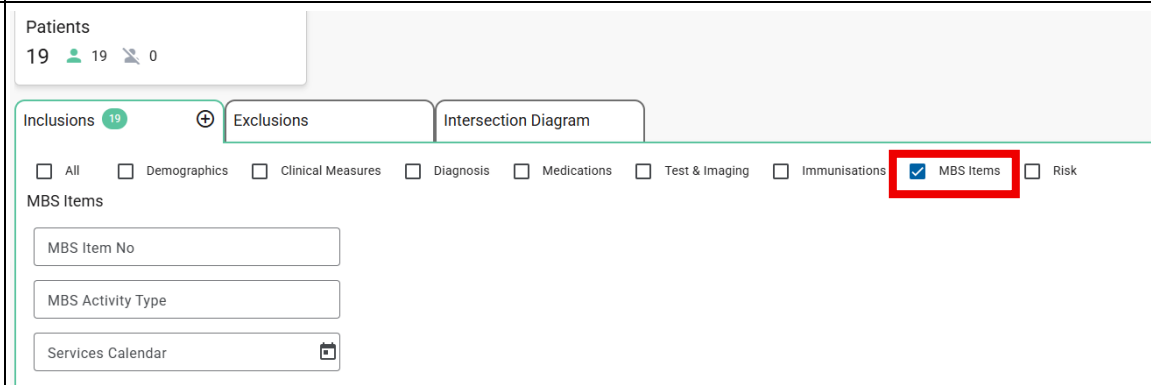
- The following page will appear. On the bottom right, you can click on the 'Dementia/Alzheimer's' category. Then, click on 'SNOMED Text' and select 'Dementia'.



5. Then click on 'clinical', then 'clinical Indicators'.



6. Select 'MBS Items'



7. Select the item number that needs to be searched and apply a date filter of 1 year (red squares). This will give you the number of patients, which can be seen in the green square.

- The MBS items can then be cleared and other MBS items that are required for activity 6.1 can then be searched. The MBS item number needed can be found in the toolkit under Activity 6.

Note: if you cannot select an MBS item or apply a filter of 1 year, this is because there are no patient's who have claimed that MBS item within that time frame.

The screenshot shows a patient search interface with several tabs at the top: Patient Status (Active), SNOMED Text (Dementia), ChronicDiseaseCategory (Dementia/Alzheimer's), RACGP Active (Active), and MBS Item (4 of 634). The 'Patients' section shows 4 patients and 0 exclusions. The 'Inclusions' tab is selected, showing a list of MBS items: 705, 703, 707, 701. The 'MBS Activity Type' section shows 'Services Calendar' with a calendar icon. The 'MBS Items' section has a red box around the input field containing '705, 703, 707, 701' and four buttons labeled '705', '703', '707', and '701'. The 'Services Calendar' section has a red box around the input field and a calendar icon. The 'MBS Items' section has a red box around the input field and four buttons labeled '705', '703', '707', and '701'. The 'Services Calendar' section has a red box around the input field and a calendar icon.