

Pregnancy Visit Schedule

Weeks Pregnant	Appointment	RHW /GP
6-12	- Confirm your pregnancy (blood test and ultrasound) - History and assessment - Routine pregnancy blood and urine tests	GP
14-16	Booking in visit with a Midwife at the hospital	RHW
20	Review anatomy ultrasound result	RHW
24	Routine appointment and get blood test request form	GP
28	Review blood test results and offer vaccinations	GP
32	Routine appointment	GP
34	Routine appointment	GP
36	- Collect vaginal swab - Bedside ultrasound to check the position of baby	RHW
38	Routine appointment	GP
39-41	Weekly appointments	RHW

Useful Phone Numbers and Links

Birth Unit - 24/7	0439 869 035
Appointments - Mon-Thurs (8am-4:30pm)	(02) 9382 6048
GP Antenatal Shared Care Liaison Midwife - Mon-Fri (8am - 4:30pm)	0417 995 153
Ultrasound Services	(02) 9382 6080
Cross-Cultural Worker: 9382 6107 or 0439 510 697 Galuh.Sapthari@health.nsw.gov.au	
<u>Mothersafe:</u> 9382 6539 or 1800 647 848	
<u>NSW Food Authority for Food Safety in Pregnancy</u>	
<u>Pregnancy Classes</u>	
<u>Pregnancy, Birth and Baby</u>	
<u>Australian Breastfeeding Association</u>	



Reviewed: February 2026



Health
South Eastern Sydney
Local Health District

GP Antenatal Shared Care

Sharing your pregnancy care between
your GP and the hospital

Royal Hospital for Women (RHW)



The Royal
HOSPITAL
FOR WOMEN

phn
CENTRAL AND
EASTERN SYDNEY
An Australian Government Initiative

What is GP Antenatal Shared Care (GP-ANSC)?

GP-ANSC is a program that lets your local Doctor (GP) take care of you during pregnancy. Your Doctor has special training to work with the Royal Hospital for Women (RHW) to give you the best care.

This program gives you regular check-ups and professional care during your whole pregnancy. Your Doctor will care for you until your baby is born and after you go home from the hospital.

With this program, you get care from both your GP and the hospital team working together to keep you and your baby healthy.

Who is it for?

Women with a low risk pregnancy who wish to be cared for by their GP and the Midwives and Doctors at the hospital.

What are the benefits of having GP-ANSC during my pregnancy?

- Personalised care
- Ongoing care with your GP who will continue to look after you and your family before and after your baby is born
- Appointments closer to where you live

When do I discuss GP-ANSC with my GP?

Ask your GP for details of the program if you are planning a pregnancy or as soon as you know you are pregnant. If your GP does not provide GP-ANSC please call the GP-ANSC liaison midwife on **0417 995 153 or 9382 6016**.

Are there any costs involved?

You will pay your regular Doctor visit fee when you see your GP.

If you have Medicare, your hospital visits are free. If you don't have Medicare, you will need to pay for your hospital visits.

Why is it important to visit my GP early in the pregnancy?

You should see your GP early in your pregnancy to talk about important things for you and your baby. Some tests can only be done in the first few months of pregnancy. This is why you should call your GP as soon as think you are pregnant.

Here are some things to talk about with your GP:

- Your health history and your family's health history
- What blood and urine tests you need
- What screening tests and ultrasounds are right for you
- What vaccinations you might need to protect you and your baby
- What foods to eat and what vitamins to take

How do I book in to have my baby at the Royal Hospital for Women?

After your first visit, your GP will send an electronic referral (via the computer) to the hospital. The hospital team will look at this information and call you to set up your first hospital appointment. If the hospital has not called you by the time you are 10-weeks pregnant, you should call them. Please call the RHW Antenatal Outpatients Department on **9382 6048** between **8:30am-4:00pm, Monday - Thursday**.

What should I bring to my first hospital appointment?

Please bring these to your first hospital appointment:

- Your antenatal (yellow) card
- Blood test results
- Ultrasound reports
- Medicare card
- Passport (if you do not have a Medicare card)

FOR URGENT MEDICAL HELP DURING YOUR PREGNANCY:

if you are more than 20-weeks pregnant

Call the Birth Unit mobile number
0439 869 035

if you are less than 20-weeks pregnant

For non-urgent problems:

- Call your **GP** who may refer you to the Early Pregnancy Assessment Service at RHW (7:30am-4:00pm, Monday - Friday, by appointment only **9382 6701**)

For emergencies:

- **Call 000** or attend your nearest Emergency Department

GP stamp and details: