On Demand Learning – Liver Health

Module Content and Mini Audit Instructions & Questions

The liver health on-demand learning module is designed for General Practitioners within the CESPHN region that are interested in improving liver health care and management. This practical, self-paced activity is designed to be easy to complete and to support meaningful improvements in practice systems and patient care.

The module takes approximately 5.5 hours to complete and attracts 5.5 CPD hours, including 2.0 Education Activity hours, 1.0 Reviewing Performance hours and 2.5 Measuring Outcomes hours, which CESPHN will upload to RACGP on completion of all activity requirements. Please be aware that RACGP CPD hour allocation will be uploaded at the conclusion of each quarterly cycle.

This program is available on an ongoing basis. Once enrolled, participants have up to three months to complete the learning activities, with submission deadlines at the end of each quarter

Module Components

To complete the module, participants must complete:

Step 1. Complete the following pre-reading (30 min):

- Cirrhosis in primary practice many patients remain potentially undiagnosed and are not receiving liver cancer surveillance.pdf
- Australian consensus recommendations for the management of hepatitis B

Step 2. View the Liver health focused CPD webinar here: Hepatology update including Liver Cancer and Alcohol use - 26 August 2025 (90 min)

Step 3. Use the POLAR Hepatitis Report to identify patients living with either hepatitis B or C and complete an audit on their management and follow up (30 min per patient).

Walk-through videos are available to support the review.

- Walk-through for audit of patients living with hepatitis B
  (*Please note the s100 changes for Hepatitis B prescribing****)***
- Walk-through for audit of patients living with hepatitis C
  Please note, registration for Motivate C has now closed.

Step 4. Review your audit findings and complete the reflective activity. (60 min)

On Demand Learning – Liver Health

Mini Audit Instructions

LIVER HEALTH - A Mini Audit

Instructions

1. Identify 5 patients in your practice who fulfil the following criteria:

    a) Have a viral hepatitis diagnosis.

    b) Are a regular patient

2. Examine the patients' case records and complete the questions in the online link (see below) for each patient.

1. Having completed the above activity for each patient, reflect on how you might change your practice and approach for Viral Hepatitis through the Reflection Task

***Before you begin:* Identification of need- preparation and planning**

Consider your methodology. How will you select your patients, what data will you use? How will patient privacy, confidentiality, and consent (where applicable) be addressed?

A few options:

- *If you have access to practice software, you could use the search function to find a patient list.*
- *If you do not have access to practice software, apply the audit methodology to prospective patients who suit this audit's scope.*
- *If you have POLAR, you can follow the instructions below.*
- *Once you generate a list, you can use a random number generator online to select 5 patients.*

Ensure you submit all your completed responses in the online form: cesphn.tfaforms.net/2012

On Demand Learning – Liver Health

Hepatitis B. Mini Audit Questions for each patient

1. Age
2. Gender
3. When was their last visit?
4. Was this in the last 12 months?
5. When was their last Hepatitis B DNA pathology ordered?
6. Was this in the last 12 months?
7. When was their last ALT?
8. Was this elevated?
9. Do you know what phase of the infection they are in?
10. Do they see a specialist?
11. Do you have regular communication with their specialist? Are they providing regular results/updates?
12. Are they eligible for Hepatocellular carcinoma (HCC) surveillance?
13. Has this been completed?

Hepatitis C. Mini Audit Questions for each patient

1. Age
2. Gender
3. What year were they diagnosed?
4. Can you see in their history they have a +Ve HCV Antibody?
5. Have you ever ordered a confirmatory RNA?
6. Do they see a specialist?
7. Do they have an AST to Platelet Ratio Index (APRI) recorded?
8. If so, is it over 1?
9. If so, have you considered cirrhosis?
10. If so, have you considered HCC surveillance?
11. Can you see the treatment history in their correspondence or notes?
12. Can you see a SVR12?
13. If no treatment history, would you consider recalling and treating at the practice (if no cirrhosis or co-infection) using Reach-C?

Audit Reflection Questions

1. Having completed the mini-audit for each patient, reflect on how you might
2. change your practice and approach monitoring and/or treatment for Viral Hepatitis.
3. Are there any changes would you make to your practice as a result of this education to improve patient outcomes with regards to Viral Hepatitis? If so, what are they?
4. How can you ensure that this patient group receives adequate support for the assessment of their infection status/liver health?
5. Would you consider becoming a prescriber for Hepatitis B medications?
6. If not, why not?
7. Do you feel confident in treating Hepatitis C for non-cirrhotic patients?
8. If not, why not?
9. Do you have systems to ensure monitoring is up to date?
10. Any other notes or comments as a result of this mini audit.