Expression of Interest

Mental Health and Suicide Prevention Advisory Committee

Central and Eastern Sydney PHN is seeking individual expressions of interest for membership of the Mental Health and Suicide Prevention Advisory Committee.

Background

Primary health networks (PHNs) have been established with the key objectives of increasing the efficiency and effectiveness of primary health care services for individuals particularly people at risk of poor health outcomes. Our vision is supporting, strengthening and shaping a world-class, person centred primary health care system.

We are committed to supporting a person centred, integrated system of mental health care in the central and eastern Sydney region, ensuring people with a mental health need can access timely and wellness-focused care that optimises recovery and supports self-management and enhanced mental health.

PHNs are funded to ensure a regional approach to mental health and suicide prevention by developing evidence-based plans and service mapping that identifies needs and gaps increases efficiencies and encourages the integration of mental health services and supports.

To inform this work we have a Mental Health and Suicide Prevention Advisory Committee for which we are currently seeking nominations for membership.

Purpose

The Mental Health and Suicide Prevention Advisory Committee will:

- provide strategic advice to CESPHN on the development of innovative services implementation of new models of care and best practice models,
- advise on how to best support the development of approaches to building regional integration, capacity, capability, quality and safety in local mental health and suicide prevention services,
- advise on mental health and suicide prevention commissioning activities and priorities,
- contribute to and support the development of regional mental health and suicide prevention strategy,
- support the co-design of mental health and suicide prevention programs,
- advise on how to better support local primary care providers to improve client outcomes and experiences with their health care within a Stepped Care approach,
- provide advice and communication channels for the flow of information about current initiatives.

Key attributes for members of the Mental Health and Suicide Prevention Advisory Committee are as follows:

- strong community networks,
- good understanding of mental health and suicide prevention issues,
- ability to actively contribute and challenge in a group environment,
- strategic thinker and have the ability to take a whole-of-system view,
- ability to balance the needs of different populations,
- ability to assess complex issues and recommend appropriate strategies,
- lived experience of mental health challenges and suicide OR a strong understanding and appreciation for the insights gained from lived experience.

Expression of Interest

Meetings
The Advisory Committee will meet quarterly for two hours, no fewer than three times a year in addition to out of session work as required. Meetings will take place in the Mascot office of the PHN to support attendance from across the region or via the online platform of Microsoft Teams.

Application and appointment process
Applications are due by **4 December 2026**. We will consider the applications and advise successful applicants by 16 December 2026. If you have any questions relating to the CESPHN Mental Health and Suicide Prevention Advisory Committee, please contact CESPHN's Mental Health and Suicide Prevention Program Officer via email at mhspadvisory@cesphn.com.au.

Submit applications
Complete the attached *Expression of Interest* form demonstrating your interest and experience and outline how you would contribute to the Mental Health and Suicide Prevention Advisory Committee. A brief biography can also be included. Submit your application via email to mhspadvisory@cesphn.com.au.

Mental Health and Suicide Prevention Advisory Committee Expression of Interest

Personal information			
Title			
First name			
Last name			
Phone number			
Email address			
Postal address			
Occupation			
Employer			
Business address			
Optional **Select any of the following that are relevant to your identity**	*Aboriginal or Torres Strait Islander*	Yes ☐	No ☐
	Multicultural background	Yes ☐	No☐
	LGBTIQ+	Yes ☐	No☐

Expression of Interest

	Living with a disability	Yes ☐	No☐

Interest and experience: Answering the following questions will assist the PHN in selecting appropriate members. Please keep your responses to a maximum of two pages.

Why does being a member of the Mental Health and Suicide Prevention Advisory Committee interest you?

Please describe your background including qualifications and experience in working with community mental health/suicide prevention organisations or as someone with lived experience of mental health issues and/or suicide.

Please indicate your availability for the following meeting times in 2027:

☐ 2pm-4pm, 16 February 2027
☐ 2pm-4pm, 18 May 2027
☐ 2pm-4pm, 17 August 2027
☐ 2pm-4pm, 16 November 2027

Thank you for your application