

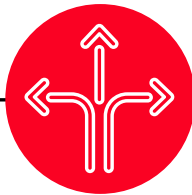
Foundations Program

CONNECT • GROW • LIVE



Integrated

Foundations is used holistically alongside case management, counselling, medical supports and community connections.



Flexible

Suited to diverse therapeutic contexts
Therapeutic Day Programs
Residential Rehabilitation
Criminal Justice Services
Programs
Counselling Programs.



Purpose

Provide hope, empowerment and choice
Support people to reach their full potential
Prepare people to sustain long-term behavioural change.



Find community, meaning and independence to manage substance use.

Foundations Online



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Content



MODULE 1: CONNECT

Covering content on thinking and behaviours, connecting with others, mapping skills, identifying strengths, planning for the future and more.

MODULE 2: GROW

Covering content on cultures of addiction and recovery, building community supports and healthy relationships, personal resilience, relapse prevention and more.

MODULE 3: LIVE

Covering content on wholistic health, managing triggers and recovery hazards, spirituality and compassion, positive social identities, independent living and more.

CRIMINAL JUSTICE MODULE

Covering content on personal journeys and avoiding reoffending, managing triggers and hazards, contingency planning, reparations and more.

The Salvation Army is committed to providing programs that are fully inclusive

