

## Referral Guidelines for Preterm Birth Prevention Clinic

At The Royal Hospital for Women in 2022, 10% of all births were prior to 37 weeks gestation with preterm birth the leading cause of perinatal loss and long term health problems for children. Our aim as a member of the Collaborative is to reduce our rates by 20% over the next 12 months by implementing early obstetric review and cervical surveillance, along with midwifery continuity of care in the antenatal and postpartum period.

Referral criteria:

- Previous spontaneous preterm birth <34 weeks
- Previous PPRM <34 weeks
- Previous second trimester loss 16-24 weeks
- Previous cervical cerclage
- 2 or more LLETZ procedures, cold knife cone biopsy or trachelectomy
- LLETZ with histological evidence of >10mm depth specimen
- Congenital uterine anomaly (unicornuate, bicornuate or septate uterus)
- History of uterine adhesions (Asherman's syndrome)
- Short cervix in current pregnancy <25mm at <24 weeks on transvaginal scan
- Caesarean at fully dilated (will be reviewed at 20 weeks following morphology scan)
- Postpartum 4-6 week follow up of women with spontaneous PTB <30 weeks

Preterm Birth Prevention Clinic appointments are Monday morning 9-11am with Dr Sarah Lyons. Women may need to attend from 8am for a TV cervical length scan prior to their appointment and may be seen fortnightly from 16-24 weeks then continue their pregnancy care with the PTBP midwife depending on clinical need, with follow up in the postnatal period.

Please contact Vicky Gay on **0487 072 925** or email [Victoria.Gay@health.nsw.gov.au](mailto:Victoria.Gay@health.nsw.gov.au) to discuss all referrals and arrange a review.



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