

St George & Sutherland Hospitals

GP Shared Antenatal Care Protocol Summary 2023

PROVIDER	ACTIVITIES AND CONSIDERATIONS	EDUCATION
GP 6-10 wks	<ul style="list-style-type: none"> ➤ History and examination ➤ Provide details of hospital services and options of care ➤ Assess interest in and suitability for GP shared antenatal care ➤ Complete booking referral form and obtain patient consent for information sharing. ➤ Woman to phone or book online. Booking pack sent by ANC ➤ Discuss iodine and Folic acid supplementation ➤ Consider referral for dating scan if uncertain dates <p><u>ROUTINE INVESTIGATIONS:</u></p> <ul style="list-style-type: none"> • FBC • Blood group and antibody screen • Haemoglobin EPG (please refer to flowchart on CESPHN website and refer to partner testing) • Rubella serology • Syphilis screening • Hepatitis B (surface antigen) • Chlamydia <25yrs or high risk • Varicella VZ IgG (if not sure of previous exposure) • HIV antibody and Hepatitis C antibody screening (with informed consent) • MSU for M/C/S • 75g 2-hour Pregnancy OGTT from 13 wks (based on GDM high risk factors) • Cervical screening test if due (safe at any time in pregnancy) • Offer seasonal flu vaccination at any gestation • Vitamin D – screen and treat <p><u>OPTIONAL TESTS:</u></p> <ul style="list-style-type: none"> • 10-12 weeks - Chorionic Villus Sampling (CVS)/NIPT >10wks • 11-13 weeks- Nuchal translucency +/- PAPP-A & Free βhcG • 14-16 weeks -Amniocentesis • CMV for high risk groups (e.g. childcare workers) <p>Ensure copies of all tests are copied to clinic</p>	<p><i>Early Pregnancy Information</i></p> <p><i>Options for care</i></p> <p><i>Previous experience/expectations</i></p> <p><i>Pathology tests/results</i></p> <p><i>Nutrition & exercise in pregnancy</i></p> <p><i>Get Healthy in Pregnancy referral</i></p> <p><i>Pelvic floor exercises</i></p> <p><i>Reducing/quit smoking</i></p> <p><i>Alcohol abstinence</i></p> <p><i>Breastfeeding Information</i></p> <p><i>Discuss Chlamydia testing with < 25yr olds and those women 'at risk'</i></p> <p><i>Antenatal classes</i></p>
ANC 10 -14 wks (booking visit)	<ul style="list-style-type: none"> ➤ Complete history and booking details ➤ Discuss models of care available and assess interest in and suitability for GP antenatal shared care ➤ Offer & arrange fetal morphology ultrasound at 18-20 weeks ➤ Consider discussing Optional tests where indicated as above ➤ Complete 'GP shared care acceptance form' and return to GP ➤ Complete psychosocial screen <p><i>Refer back to GP with completed patient record card (yellow card)</i></p>	<p><i>Pertussis and influenza vaccination information</i></p>
GP 16-28 wks (monthly visits)	<ul style="list-style-type: none"> ➤ Routine antenatal visits ➤ Offer seasonal flu vaccination ➤ Breastfeeding - refer to hospital Lactation Consultant if previous problems or any concerns ➤ 20 week NBAC appointment at ANC ➤ Recommend Boostrix between 20-32 weeks <p><u>FETAL MORPHOLOGY ULTRASOUND.</u> 18-20 weeks. Check result and document on yellow card</p> <p>Ensure copies of all tests are copied to clinic</p>	<p><i>Discuss U/S result</i></p> <p><i>Breastfeeding education</i></p>
GP 28 wks	<ul style="list-style-type: none"> ➤ Routine GP antenatal visit ➤ Remind RH negative woman anti-D prophylaxis due at 28 weeks, after the antibody screen ➤ Offer Boostrix vaccine to woman and household contacts if not already given ➤ Offer seasonal flu vaccination <p><u>28 WEEK ROUTINE INVESTIGATIONS:</u></p> <ul style="list-style-type: none"> ➤ FBC ➤ Antibody screen for all women ➤ All women to have 75gm OGTT (unless already GDM) ➤ Vitamin D for women on supplementation ➤ Repeat syphilis screening <p>Ensure copies of all tests are copied to clinic</p>	<p><i>Explain all tests & results</i></p> <p><i>Common discomforts in pregnancy</i></p> <p><i>Pelvic floor exercises & bladder issues in pregnancy.</i></p> <p><i>MH screen if required</i></p>

PROVIDER	ACTIVITIES AND CONSIDERATIONS	EDUCATION
ANC 30 wks	<ul style="list-style-type: none"> ➤ Review results of all investigations ➤ 28 weeks prophylactic Anti-D (may also be given by GP) <i>Third trimester fetal growth and well-being scan can be considered</i>	1st
GP 33 wks	<ul style="list-style-type: none"> ➤ Discuss breastfeeding and refer if previous problems ➤ Routine prenatal visits-reassess FBC/ferr for anaemic women ➤ Remind RH negative woman anti-D prophylaxis due 34 weeks ➤ Offer Boostrix and seasonal flu vaccine if not already given ➤ 34 week NBAC appointment at ANC ➤ 34 week prophylactic Anti-D at ANC (may also be given by GP) 	2nd
ANC 36 wks	<ul style="list-style-type: none"> ➤ Assess fetal growth, presentation, etc. ➤ GBS Screening – Take low vaginal swab as per protocol 	<i>Encourage online virtual tour and birthing information</i> <i>Breastfeeding information – positive reinforcement</i>
GP 37- 39 wks (weekly visits)	<ul style="list-style-type: none"> ➤ Routine prenatal visits ➤ Refer to hospital antenatal breastfeeding groups if needed ➤ Offer seasonal flu vaccine 	
ANC 40 – 41 wks	<ul style="list-style-type: none"> ➤ Review ➤ Assess suitability for induction of labour (IOL) ➤ Arrange/book IOL as appropriate ➤ Organise ongoing fetal welfare assessment as appropriate 	
GP 6 wks Postpartum	<ul style="list-style-type: none"> ➤ Postnatal visit ➤ Cervical screening test if due; investigations if required. ➤ Assessment – maternal mental health status ➤ Book baby assessment and Immunisation (6 weeks) ➤ Breastfeeding management - refer if problems 	<i>Child & Family Health Centre & postnatal supports Immunisation / SIDS</i>

📞 RESOURCE NUMBERS 📞					
SERVICE	SUTHERLAND			ST GEORGE	
Antenatal Clinic	9113-2162	Bookings		9113-2162	Bookings
	9540-7245	ANC		9113-1495	Enquiries
	9540-7240	Reception		9113-3765	Fax
	9540-7304	Fax		SESLHD-STGANC@health.nsw.gov.au	
Birth Suite/Birth Unit	9540-7981			9113-2126	
	9540-7982			9113-2125	
	9540-7941	Fax		9113-2388	Fax
Birth Centre	9540-7982	Birthing Rooms		9113-3103/mob 0434568189-urgent only	
Diabetes education	All booked through St George > > > >			9113-2774	
				9113-2690	Fax
Ultrasound	9540-8638	Bookings/Enq.		9113-3571	Enquires
	9540-7644	Reception		9113-3582	Bookings
	9540-7643	Fax		9113-3980	Fax
Mental Health	9540-8203	Social work		9113-2016	Perinatal Mental Health
	9540 7800	Perinatal Mental Health		1800 011 511	NSW Direct MH Triage
	9540-7831	Acute team(ACTT)		9553 2595	Acute Care
Physiotherapy	9540-8300	Enquiries		9113-2163	Enquiries
	9540-7717	Fax		9113 3075	Fax
Genetic Counseling	9113-3635	at St George		9113-3635	
	9113-3694	Fax		9113-3694	Fax
Drug & Alcohol Counseling	9540-7982	CUPs Service Wed/Thurs		9113-2944	CUPs Service page 479
MotherSafe	The Statewide Medications in Pregnancy and Lactation Advisory Service (02) 9382 6539 or for residents outside Sydney FREECALL 1800 647 848				
Hospital Lactation Supports	9540-7913	Maternity page 468		9113-2053	Lactation Consultant
	Mob 0439 805 389 Lactation consultant			or 9113-1111	page 181
EPAS (Early Pregnancy Assessment)	9540-7111	Contact O&G registrar page 125		1 West Gynae	0730-0830 Drop-in
				9113 3183 Fax	Monday-Friday
Breastfeeding & parenting support	Australian Breastfeeding (ABA)	Karitane	Tresillian (24hr)	Parent Line (24hr)	Child & Family Health Central Intake
	1800 686 268	1300 227 464	9787 0855	1300 1300 52	9522 1049
South Eastern Sydney HealthPathways http://sesydney.communityhealthpathways.org Username: sesydneycare Password: healthcare					