

4<sup>th</sup> October, 2023

Dear GP Colleague,

The Royal Hospital for Women has joined the National Preterm Birth Prevention Collaborative (NPBPC) with over 50 Hospitals Australia-wide. The initiative is committed to reduce the rate of preterm birth and early term birth in Australia by 20% over the next 12 months and we require your assistance.

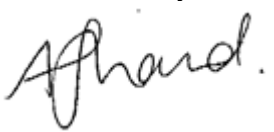
**Importantly:**

- If the cervical length is  $\leq 25$ mm between 16 and 24 weeks gestation on transvaginal imaging, please refer the woman to the Birth Unit of the hospital that she is planning to give birth in, or please refer back to the referring obstetrician, the same day.  
Women booked at Royal Hospital for Women, call Birth Unit Triage on **0439 869 035**
- Women with a short cervix  $\leq 25$  mm will be offered vaginal progesterone. Vaginal progesterone has been shown to reduce the risk of preterm birth by around 50% in women with a short cervix.
- Women with a cervical length  $< 10$ mm, the options of progesterone or cerclage will be discussed with the woman and follow up will be arranged.

For further information please contact Vicky Gay, Preterm Birth Prevention Midwife on **0487 072 925**  
Email: [Victoria.Gay@health.nsw.gov.au](mailto:Victoria.Gay@health.nsw.gov.au)

We appreciate your assistance and continued collaboration. We look forward together, to improving maternal and newborn outcomes through the NPBPC.

Yours sincerely,



**Dr Antonia Shand**  
Obstetrician  
RHW Preterm birth initiative lead

**Dr Sarah Lyons**  
Obstetrician  
RHW Preterm birth prevention clinic



National Preterm  
Birth Prevention  
COLLABORATIVE

**Royal Hospital for Women**

ABN 70 442 041 439

Randwick Hospitals Campus, Barker Street

Locked Mail Bag 2000

Randwick NSW 2031

Tel: (02) 9382 6111 Fax: (02) 9382 6513

Website: [www.seslhd.health.nsw.gov.au/royal-hospital-for-women](http://www.seslhd.health.nsw.gov.au/royal-hospital-for-women)