

Stop Smoking Program

at Respiratory Medicine, Prince of Wales



What is involved

- Face to face appointments
- Preparing to quit and be a non-smoker
- Information on Nicotine Replacement Therapy
- Recognising patterns of smoking
- Health consequences of smoking
- Coping with withdrawal symptoms
- Relapse prevention strategies

The program length is suited to the patient and appointments are flexible to their needs.

This service is free of charge.

Eligibility and Referrals

There are no eligibility conditions, all patients are welcome.

To refer, please order

Smoking Cessation and/or Asthma Education

consult request on eMR.

Alternatively, please contact,
Jane Watkins via

email:

jane.watkins@health.nsw.gov.au

phone: (02) 9382 4641

Please note a referral is not a requirement, a patient can also reach out independently