

CESPHN 2024 GP Peer Group Learning (PGL) Program

Information Sheet

The Peer Group Learning (PGL) program is designed to maximise the benefits of working and learning together in a small group educational setting and is an ideal format for GPs to share knowledge, discuss daily practice with peers and learn from each other.

The PGL program also utilises peer support interaction and reflection to enhance participants' clinical competence, knowledge, skills, attitudes and performance. PGLs can also encourage collaboration and strengthen teams.

The CESPHN PGL cycle usually runs over a 12 month period, depending on the needs of participants. This model can be conducted as face-to-face meetings, online or 'blended' which is a combination of both. It is requirement of the program to have actual meetings for each component of the PGL cycle.

Structure of CESPHNs PGL Program

One "cycle" of the CESPHN PGL program commences with a mandatory planning meeting, followed by at least 5 hours of cumulative interactive education meetings and concludes with a mandatory review meeting. The planning meeting, interactive education meetings and review meeting are all standalone meetings. The rationale behind the cumulative approach is to allow opportunity for the participants to reflect on the learning after each meeting and have ample time to prepare for the next meeting.

Each interactive education activity runs for at least one hour with most groups opting to meet for two hours, not including meals/refreshments. The CESPHN PGL meeting format usually consist of 6 interactive education meetings to increase the likelihood of GP participants being able to meet the minimum attendance requirements of 5 hours.

Measuring Outcome Activity CPD hours are awarded for attendance at the Planning and Review Meeting. Reviewing Performance Activity CPD hours are awarded for attendance at the interactive education meetings. Individual attendance will be calculated and uploaded to the RACGP on behalf of GP participants for successful completion of the program PGL cycle.

GPs also have the opportunity to present a case study for review by their peers and the groups presenter. GPs can self report the hours for research and preparation of case studies as Measuring Outcome CPD Activity hours. GPs can also do extra reading prior to PGL sessions and self report as Education Activity CPD hours.

Participants who do not successfully complete the PGL program or attend the mandatory Reflection session **will not** have RACGP CPD hours uploaded on their behalf, however they have the opportunity to self report the sessions they attended to the RACGP as Education Activity CPD hours.

CESPHN Criteria for the PGL Program

- Face-to-face groups are required to have a GP facilitator and venue
- The PGL cycle commences with a mandatory planning meeting
- Each participant must attend a minimum of 5 hours of interactive education meetings to be eligible for CPD hours to be uploaded to the RACGP on their behalf
- The cycle concludes with a mandatory review meeting
- Each PGL meeting must have at least 50% dedicated to case-based discussions
- Each GP participant is highly encouraged to present a case/experience and receive peer feedback at least once during the PGL cycle.
- Each GP participant must complete an evaluation survey after each meeting including the planning and review meetings

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- To be eligible for the Measuring Outcome Activity hours there must be evidence the GP participated in the planning and review meetings and completed the evaluation surveys for both meetings
- To be eligible for the Reviewing Performance Activity hours there must be evidence that the GP attended at least 5 hours of interactive education meetings and completed the evaluation survey after each meeting attended.

Please note, the PGL program is a benefit of membership, as such all participants must be financial member of one of CESPHNs member organisations.

Central and Eastern Sydney Primary Health Network (CESPHN) run a number of GP PGLs groups across the CESPHN region.

If you are interested in joining the program, please contact:

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