



Quick Links: Case Discussion Resources Sydney, NSW

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Connecting to HealthPathways

South Eastern Sydney HealthPathways

Username: sesydney **Password:** healthcare

Covers service information for South Eastern Sydney LHD catchment including Prince of Wales Hospital, Royal Hospital for Women, Sydney Children's Hospital Randwick, St Vincent's Darlinghurst, St George and Sutherland Hospitals

Sydney HealthPathways

Username: connected **Password:** healthcare

Covers service information for Sydney LHD including RPA, Balmain, Concord, and Canterbury hospitals

NB you must be logged into the HealthPathways site to directly access links noted in tables below

General paediatric resources for GPs

- [RCH Clinical Practice Guidelines A-Z](#)
- [SCHN Clinical Policies A-Z](#)
- [Don't Forget the Bubbles – Paediatric articles](#)
- [Sydney Children's Hospital Network – Factsheets A-Z](#)
- [Royal Children's Hospital – Kids Health Info Factsheets A-Z](#)
- [Royal Children's Hospital – Kids Health Info \(Podcasts\) – Parenting resources](#)
- [Raising Children Network – Parenting resources](#)

Hospital and community contacts for assessment and referrals

Relevant hospital and community service contact details can be found in following HealthPathways:

Sydney Local Health District (SLHD): Sydney HealthPathways

- [Child health requests](#)
- [Urgent paediatric assessment or admission](#)
- [Non-urgent paediatric assessment](#)
- [Non-urgent Community Paediatric Assessment](#)

South Eastern Sydney Local health District (SESLHD): South Eastern Sydney HealthPathways

- [Paediatric Medical Requests](#)
- [Acute paediatric general medicine assessment](#)
- [Non-acute paediatric general medicine assessment](#)
- [Paediatric medical advice](#)

Abdominal pain

HealthPathways

Sydney HP

- [Recurrent abdominal pain in children](#)
- [Coeliac disease in children](#)
- [Inflammatory bowel disease](#)

Resources for GPs

RACGP article - [Chronic abdominal pain in children](#)

Starship Children's Hospital (NZ)

- [non-acute abdominal pain in childhood](#)

Information for families

RCH Factsheets

- [Abdominal pain](#)

Raising Children Network

- [Stomach ache](#)

SCHN Factsheets

- [Abdominal pain](#)

Allergies and anaphylaxis

HealthPathways

Sydney HP

- [Infant feeding for allergy prevention](#)
- [Food allergy in children](#)

Resources for GPs

ASCIA

- [Signs and symptoms of allergic reactions](#)
- [First aid plan for anaphylaxis](#)
- [Anaphylaxis Checklist for Prescribers of Adrenaline Injectors](#)
- [Prescriber Guidelines – Adrenaline Injectors](#)
- [Action Plans for anaphylaxis](#)

RCH Clinical Guidelines

- [Anaphylaxis](#)

Information for families

ASCIA

- [Food Allergy: Patient Fast Facts](#)

Raising Children Network

- [Food allergies in children & teenagers](#)

ADHD and/or behavioral concerns

HealthPathways

Sydney HP

- [ADHD in children and young people](#)
- [Behavioural concerns in children](#)
- [ADHD Medications in children and young people](#)

SES HP

- [ADHD in children and adolescents](#)
- [ADHD medications for children](#)

Resources for GPs

- [NICHQ Vanderbilt Assessment Scales](#)
- [Understanding ADHD – Don't Forget the bubbles](#)

Information for families

RCH Factsheets

- [ADHD ways to help children at school/home](#)
- [ADHD factsheet](#)

Raising Children Network

- [ADHD](#)

Autism Spectrum Disorder

HealthPathways

Sydney HP

- [Autism Spectrum Disorder](#)

- [RACGP – Overview of ASD](#)

Resources for GPs

NDIS early childhood partners

- [LIFESTART–ECEI service for South Eastern Sydney & Sydney](#)
- [EACH – ECEI service for South West Sydney \(incl Belmore\)](#)

Information for families

Raising Children Network

- [Autism](#)
- [Autism therapies and services guide](#)

SCH Factsheets

- [Autism Spectrum Disorder](#)

RCH Factsheets

- [Autism Spectrum Disorder](#)

NDIS

- [Understanding families and carers early childhood approach](#)

Child protection and wellbeing

HealthPathways	Sydney HP
	<ul style="list-style-type: none">• Child protection and wellbeing• Child or Young person welfare requests
	SES HP
	<ul style="list-style-type: none">• Child at Risk• Child protection Referrals• Sexual Abuse – Health Professional Concern
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	NSW Communities & Justice
Resources for GPs	<ul style="list-style-type: none">• NSW Mandatory Reporter Guide

Constipation

HealthPathways	Sydney HP
	<ul style="list-style-type: none">• Constipation in children• Constipation therapies for children
	SES HP
	<ul style="list-style-type: none">• Constipation in children• Constipation Therapies for Children
<hr/>	
	RCH Clinical guidelines
Resources for GPs	<ul style="list-style-type: none">• Constipation• Encopresis diary – “Parent information”
<hr/>	
	RCH Factsheets
Information for families	<ul style="list-style-type: none">• Constipation (also available in other languages)• RCH constipation encopresis diary
	Kids Health Info – Whooshaa (Podcast)

Developmental Delay

HealthPathways

Sydney HP

- [Developmental concerns in young children](#)
- [Speech and language difficulties in children](#)
- [NDIS](#)
- [Non-urgent Community Paediatric Assessment](#)

SES HP

- [Developmental Concerns in Pre-school children](#)
- [Paediatric developmental assessment](#)
- [Milestones](#)
- [NDIS](#)
- [Speech & language difficulties in preschoolers](#)
- [Allied Health and Nursing](#) (includes paediatric referrals)

Resources for GPs

- [Ages & Stages Questionnaires \(ASQ-3\)](#)

CDC (US)

- [Learn the Signs. Act Early](#)

NSW Health

- [Learn the signs Act Early \(Blue Book\) milestone monitoring tools](#)

NDIS early childhood partners

- [LIFESTART–ECEI service for South Eastern Sydney & Sydney](#)
- [EACH – ECEI service for South West Sydney \(incl Belmore\)](#)

Information for families

NSW Health

- [Child health and development: resources and app](#)

Raising Children Network

- [Developmental delay](#)

SCH Factsheet

- [Developmental Delay](#)

NDIS

- [Understanding families and carers early childhood approach](#)
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Enuresis

HealthPathways

Sydney HP

- [Enuresis in Children](#)

Resources for GPs

- [SCHN : Nocturnal Enuresis Resource Kit](#)
- [International Children's Continence Society](#)

RCH Clinical Practice Guidelines

- [Enuresis – Bedwetting and monosymptomatic enuresis](#)

Information for families

- [Continence Foundation of Australia](#)
- [The Children's Bowel & Bladder Charity \(UK\)](#)
- [Bladder and Bowel UK](#)

Raising Child Network

- [Toilet training](#)

SCH Factsheet

- [Bedwetting](#)

Growth & Puberty

HealthPathways

Sydney HP

- [Puberty problems](#)
- [Growth Assessment](#)
- [Poor growth in Infants and young children](#)

Resources for GPs

RACGP article - [Growth disorders in adolescents](#)

RCH – Child Growth Resources

- [Growth Charts](#)

Information for families

Raising Children Network

- [Puberty: When its early or late](#)

Headaches & afebrile seizures

HealthPathways

Sydney HP

- [Headaches in Children](#)
- [Headache log](#)
- [Afebrile seizures in Children](#)

SES HP

- [Non-acute Paediatric Neurology assessment](#)

Resources for GPs

NSW Paediatric Epilepsy Network (PEN)

- [For Clinicians](#)
- [First Seizure Pack](#)

RCH Clinical Practice Guidelines

- [Afebrile seizures](#)
- [Headaches](#)
- [Headache Patterns](#)

Information for families

NSW Paediatric Epilepsy Network (PEN)

- [For Families](#)

SCH Fact Sheet

- [Seizures & Epilepsy](#)

RCH Factsheet

- [Headaches](#)
 - [Migraine headache](#)
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Infant feeding

HealthPathways

Sydney HP

- [Poor growth in infants and young children](#)
- [Tongue tie](#)

SES HP

- [Faltering Growth \(Failure to thrive\)](#)

Resources for GPs

Eat for Health

- [Infant Feeding Guidelines](#)
- [Infant Feeding Guidelines Summary](#)

SCHN Factsheet

- [High energy Eating for Children](#)

RCH Resource

- [WHO Growth Charts](#)
- [Probiotics for infants](#)

RACGP- [Infant and toddler nutrition \(2015\)](#)

Information for families

[Eat for Health – Give baby the best start](#) (brochure)

Australian Breastfeeding Association (ABA)

- [Baby weigh losses and gains](#)

Raising Children Network

- [Feeding & Nutrition](#)

Infant nutrition

HealthPathways

Sydney HP

- [Iron deficiency anaemia](#)
- [Iron deficiency without anaemia](#)
- [Vitamin D Deficiency in children](#)

SES HP

- [Iron deficiency anaemia](#)
- [Dietitian services for children](#)

Resources for GPs

RCH Clinical Practice Guidelines:

- [Iron deficiency](#)

Information for families

Raising Children Network

- [Vitamin D: what you need to know](#)
- [Anaemia](#)

RCH Factsheet

- [Vitamin D](#)

Unsettled /crying infant

HealthPathways

Sydney HP

- [Unsettled Infant Behaviour](#)
- [Reflux and GORD in children](#)

SES HP

- [Unsettled infant](#)
- [Reflux and GORD in Children](#)

Resources for GPs

[The Period of PURPLE Crying](#)

RCH Clinical Practice Guidelines

- [Unsettled or crying babies](#)
- [Reflux & GORD](#)
- [Gastroesophageal reflux](#)
- [Reducing medications in infants](#)

Information for families

SCH Factsheet

- [Crying baby](#)

[The Period of PURPLE Crying](#)

Mental Health & Eating Disorders

HealthPathways

Eating Disorders Sydney HP

- [Eating Disorders Treatment and management plan](#)
- [Eating disorders treatment for children and adolescents](#)

SES HP

- [Eating disorders in children and youth](#)
- [Child and adolescent Eating Disorders Specialised Assessment](#)
- [Eating Disorders Advice](#)

Mental Health Sydney HP

- [Child and young Adult Mental Health](#)

SES HP

- [Mental health – Child and Youth](#)
- [Depression in children and young adults](#)
- [Anxiety in children and adolescents](#)
- [Child and Youth Mental Health Requests](#)

Resources for GPs

- [Butterfly Foundation](#)
- [National Eating Disorders Collaboration \(NEDC\)](#)
- [NEDC – Eating Disorders Core Skills for GPs \(e-learning\)](#)
- [Black Dog institute](#)

Information for families

- [Butterfly Foundation](#)
- [Beyond Blue](#)

Raising Children Network

- [Eating Disorders in older children and teenagers](#)
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Newborn & well child check

HealthPathways

Sydney HP

- [Newborn Check](#)
- [Healthy Child Checks \(6mths- 5 years\)](#)

SES Sydney

- [Healthy Child Checks \(6mths-5years\)](#)
- [Early Childhood Support](#)

Resources for GPs

NSW Health

- [Learn the signs Act Early: milestone monitoring tools](#)
- Health Professional: [Child Health & development \(video\)](#)

SLHD

- [Well Child Health Program \(online learning module\)](#)

Sacral dimples or pits

- [RHW– Spinal dimple- neonatal management](#)
- [WA health – Sacral dimples or pits](#)

Information for families

Raising Children Network

- [Newborns & babies](#)

NSW Health

- Parents/Caregiver: [Child health & development \(video\)](#)

Resourcing Parents

- [Love Talk Sing Read Play](#)
 - [Deadly Tots](#)
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Orthopedic presentations

HealthPathways	Sydney HP <ul style="list-style-type: none">• Paediatric Orthopaedics• Developmental dysplasia of the hip (DDH)
Resources for GPs	RCH Clinical Guidelines <ul style="list-style-type: none">• Limping or non-weight bearing child• Developmental dysplasia of hip• Perthes disease RCH Orthopaedics - Health professionals <ul style="list-style-type: none">• All-encompassing Orthopaedic Clinical guidelines
Information for families	RCH Factsheets <ul style="list-style-type: none">• Developmental dysplasia of the hip• Slipped upper femoral epiphysis (SUFE) SCH Factsheets <ul style="list-style-type: none">• Developmental dysplasia of the hip (DDH)• Perthes disease American Academy of Paediatrics <ul style="list-style-type: none">• Congenital Hand Anomalies

Plagiocephaly

HealthPathways	Sydney HP <ul style="list-style-type: none">• Plagiocephaly
Resources for GPs	SCH Factsheet <ul style="list-style-type: none">• Positional plagiocephaly SLHD – Management of Positional Plagiocephaly by AHP RCH Resource: <ul style="list-style-type: none">• Deformational Plagiocephaly – Information for health professionals
Information for families	SCH Factsheet <ul style="list-style-type: none">• Positional plagiocephaly RCH Factsheet <ul style="list-style-type: none">• Plagiocephaly – misshapen head

Respiratory conditions

HealthPathways	Sydney HP <ul style="list-style-type: none">• Acute Asthma in Children• Non- acute asthma in children• Wheeze in Children Aged 1-5 Years• Bronchiolitis• Cough in children
	SES HP <ul style="list-style-type: none">• Acute Asthma• Non-acute Asthma• Persistent Cough in Children• Bronchiolitis• Croup
Resources for GPs	National Asthma Council <ul style="list-style-type: none">• Australian Asthma Handbook – For health professionals• Turbuhaler Asthma Action Plan
	NSW Health <ul style="list-style-type: none">• Action Plan for Asthma Flare-up
	RCH Clinical Guidelines <ul style="list-style-type: none">• Acute asthma• Bronchiolitis
	Don't Forget the Bubbles <ul style="list-style-type: none">• Asthma Module
	SCHN <ul style="list-style-type: none">• Asthma and your child• Aiming for Asthma Improvement in children
Information for families	RCH Factsheets & Resources: <ul style="list-style-type: none">• Kids Health Info Podcast – Asthma and respiratory disease• Asthma Videos• Bronchiolitis

UTI

HealthPathways

Sydney HP

- [UTI in children](#)

SES HP

- [UTI in children](#)

Resources for GPs

RCH Clinical Practice Guidelines

- [UTI](#)

NICE guidelines

- [UTI in under 16s: diagnosis and management \(UK\)](#)

RACGP - [Paediatric UTI: Diagnosis and treatment](#)

Information for families

RCH Factsheet

- [UTI](#)

SCH Factsheet

- [UTI in children](#)
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Weight Management

HealthPathways

Sydney HP

- [Weight management in children](#)

SES HP

- [Weight Management in Children](#)
- [Physical Activity Requests – Children and Youth](#)
- [Dietitian Services for Children](#)

Resources for GPs

- [Healthy Kids for professionals](#)

Information for families

- [Healthy Kids for professionals: 8 Healthy Habits](#)
 - [Be Smarter Information and goal sheet \(NZ\)](#)
 - [Raising Children Network](#)
 - [Go4Fun](#)
 - [Think Eat and Move \(TEAM\)](#)
 - [Healthy Kids](#)
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