

QUALITY IMPROVEMENT ACTIVITY (QIA) PLANNING SHEET



phn
CENTRAL AND
EASTERN SYDNEY

An Australian Government Initiative

Name of Practice:

Date:

Name of QIA:

First 2,000 Days: Monitoring growth and well-being parameters (head circumference (0-2yrs), height /length, weight) for patients 0-5 years

Quality Improvement Team

Names	Roles/Responsibilities

GOAL

(Simple, Measurable, Achievable, Realistic, Timely) What are we trying to accomplish and when?

To improve the proportion of active children 0-5 years who have their growth and wellbeing parameters (head circumference (0-2 yrs.), height/length, weight) recorded at each visit to x% within 6 months.

MEASURES

What data will we use to track our improvement?
Eg Pen CAT/POLAR

Using our data extraction tool, we can compare the % of active children aged 0-5 years who have had the following growth parameters - head circumference (0-2yrs), length/height, weight recorded at each visit and provide a report every month

INITIAL BENCHMARK

What is our current data saying?

Our current data shows we have x% patients aged 0-5 years who have not had the following growth parameters - head circumference (0-2yrs), length/height, weight recorded at each visit

IDEAS

What changes will we make that will lead to an improvement?
NB: These ideas are not practice specific and are designed to give you some general ideas.

The QI Team should develop these ideas together.

To assist with clinical decision making, consider using HealthPathways, see: HealthPathways Sydney:
<https://sydney.communityhealthpathways.org/> Username: connected
P/w: healthcare

HealthPathways South East Sydney:
<https://sesydney.healthpathwayscommunity.org> Username: sesydney
P/w: healthcare

1. QI Team meeting to discuss specific growth and wellbeing parameters that should be recorded at each visit for patients 0-5 years as an important marker for overall child health and development.
2. Ensure all GPs and PNs are aware of the correct growth charts to use for specific patient age ([WHO <2 yrs old, CDC >2 yrs](#))
3. Use data extraction tool to identify the % of active patients aged 0-5 years who have not had growth and wellbeing parameters (head circumference (0-2yrs), length/height, weight) recorded in EMR
4. Create patient list of patients 0-5 years who have not had their growth and wellbeing parameters recorded and flag for review by GP or Practice Nurse
5. Review data fortnightly to track progress.
6. Review relevant Healthpathways e.g. [Faltering Growth](#), [Poor growth in infants and young children](#)
6. Consider purchasing paediatric measuring equipment eg baby scales, baby/paediatric height rod
8. Promote educational material on paediatric nutrition to parents and/or carers e.g. [Raising Children Network](#)

QUALITY IMPROVEMENT ACTIVITY (QIA) PLANNING SHEET



phn
CENTRAL AND
EASTERN SYDNEY

An Australian Government Initiative

PLAN How will we do it?				DO Did we do it? Unexpected problems?	STUDY Review/reflect on results Lessons learnt What did/didn't work well?	ACT Next steps? Review or extend activity?
What	Who	When				
1						
2						
3						
4						
5						
6						



You are one step closer to becoming a PCMN practice.