



**Nama saya**  
My name is

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**Ikhtisar Kesehatan saya**  
My Health Summary



**Sasaran Kesehatan saya  
tahun ini**  
My Health Goals for this year



**Cara mendukung saya**  
*(penyesuaian yang wajar)*  
How to support me *(reasonable adjustments)*



**Bagaimana saya  
berkomunikasi**  
How I communicate



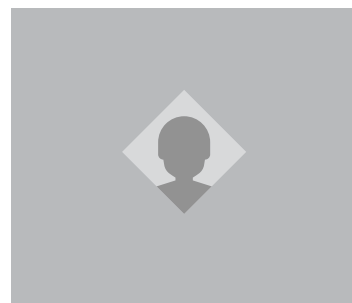
*Bahan ini dikembangkan sebagai komponen dari CESPHN's Primary Care Enhancement Program:  
Project GROW.*

*Untuk informasi lebih lanjut silakan hubungi tim GROW:  
[www.cesphn.org.au](http://www.cesphn.org.au)*

Ingatlah untuk memperbarui profil ketika ada perubahan kebutuhan komunikasi atau kesehatan.

# My Health Profile

My name is \_\_\_\_\_



**My Health Summary**



**My Health Goals for this year**



**How to support me**  
*(reasonable adjustments)*



**How I communicate**



**GRO W**  
Supporting people  
with intellectual  
disability

This resource has been developed as a component of CESPHE's Primary Care Enhancement Program: **Project GROW**.

For further information please contact GROW team:

[www.cesphn.org.au](http://www.cesphn.org.au)

Remember to update the profile when communication needs, or health changes.

**phn**  
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