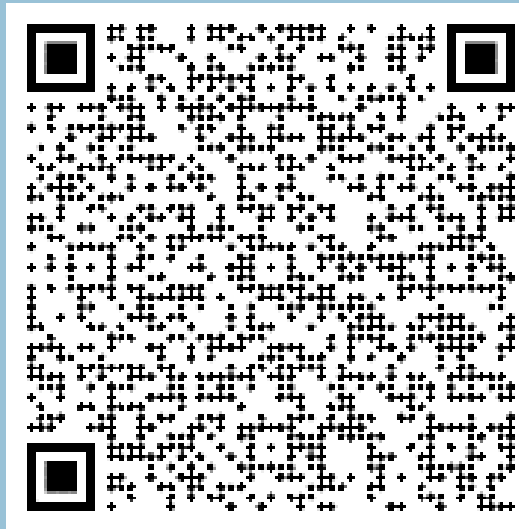




Child and Family Health Nursing Services

Website QR Code



Useful contacts and websites

- Healthdirect Australia 1800 022 222
- NSW Ministry of Health
www.health.nsw.gov.au
- Tresillian Family Care Centres 1300 PARENT
- Karitane 1300 CARING
- Australian Breastfeeding Association (ABA) 1800 686 268
- Raising Children Network
www.raisingchildren.net.au
- Perinatal Anxiety and Depression Australia (PANDA) www.panda.org.au



St George and Sutherland Child and Family Health Nursing and Eastern suburbs child family health



@eschildfamilyhealth



We are a Baby Friendly Health Initiative (BFHI) Accredited service.



Child and Family Health Nursing Services



**South Eastern Sydney Local
Health District
St George
Sutherland Shire
Randwick**



**St George and Sutherland Shire
Child and Family Health Service**
For all Blue Book checks and appointments
call: **1300 244 288**

What services do we offer?

**Eastern Suburbs and Inner City
Child and Family Health Service**
For all Blue Book checks and appointments
call **1300 244 288**

Locations	
Brighton	17 Hercules Road
Caringbah	386 Port Hacking Road
Cronulla	37 Nicolson Parade
Engadine	116D Caldarra Ave
Hurstville	Suite 65 23-27 MacMahon Street
Kingsgrove	30 Morgan Street
Kogarah	St George Public Hospital Level 1 Burt Nielsen Wing
Menai	32 Allison Crescent
Miranda	95 Karimbla Road
Oatley	26 Letitia Street
Ramsgate	380 Rocky Point Road
Riverwood	Cnr Keppel Ave & Short Rd
Rockdale	16-18 King Street
Sutherland	749C Old Princes Hwy
Wolli Creek	Shop A 4 Magdalene Terrace

- All Blue Book PHR health checks from birth to 5 years
 - Growth and development of your child
 - Four year old health checks before starting school
 - Breastfeeding and bottle-feeding support
 - Healthy diets, introducing family foods
 - Sleep and settling support with your child
 - Mental health support for parents
 - Parent Groups
 - Supporting the relationship with your child
 - Support with the transition to parenting
- We offer clinic appointments, home visiting and family care centre services as needed***

Locations	
Bondi Beach	Wairoa Ave/ Cnr Brighton Boulevard
Botany	Arthur Park– 1242 Botany Rd (Cnr Chelmsford Ave)
East-gardens	Westfield Shopping Tower Level 5/ Suite 510 152 Bunnerong Rd Pagewood
Kings Cross	19 Greenknowe Ave Potts Point
Paddington	Oxford St/ Cnr Young st
Randwick	Royal Randwick Shopping Centre Belmore Rd
Waverley	25 Ebley St (Cnr Lawson st) Bondi Junction