

Telehealth Psychiatry Service


Delivered by Dokotela - Funded by Central and Eastern Sydney PHN

Are you considering seeing a Psychiatrist?

If you have barriers to accessing a psychiatrist, for example you are unable to afford one, you may be eligible for the Telehealth Psychiatry Service.

This service provides **FREE psychiatry support to people who experience severe and complex mental health issues.**

Psychiatrists will work collaboratively with your GP or Support Workers to help you with your recovery.



Ask your GP
or Support worker
to make a referral

Contact us at cesphn@dokotela.com.au or visit
www.dokotela.com.au for more information



Through the Telehealth Psychiatry Service, Dokotela provide access to free psychiatry consultations for people who:

- Experience severe and complex mental illness
- Face socio-economic barriers to accessing psychiatry
- Live within Central and Eastern Sydney
- Are aged over 18 years
- Are not currently engaged with public psychiatry services

The service is delivered via video conference from:

- GP practices located in Central and Eastern Sydney
- Your service provider's office (if funded by CESPHN)
- Teleconference hub in the region
- Your own or a support person's home

*Ask your GP to make a referral online via link
bit.ly/CESDokotela*

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