

WHAT'S ON OFFER FROM YOUTHBLOCK?

CPD POINTS IN EXCHANGE FOR YOUR SUPPORT!

ESSENTIALS YOUTH HEALTHCARE SKILLS WORKSHOP

- Understand and apply a developmental perspective of adolescent health;
- Identify and address barriers young people experience when accessing services;
- Respond to diversity issues impacting on the young person; respond to medico-legal issues relevant to young people;
- Identify collaborative management issues and referral pathways within the LHD for young people.

7 CPD POINTS, RUNNING ON MULTIPLE DATES

EATING DISORDER WORKSHOP FOR YOUTH WORKERS

The Eating Disorder Workshop aims to engage the youth sector to confidently identify, respond and support marginalised young people struggling with disordered eating & eating disorders who have been struggling with disordered eating and/ or eating disorder. It is a half day interactive workshop, online and runs once a year. The workshop has presentations from a variety of professionals working in the eating disorder space. A condensed version of the workshop, or components of the workshop can be run with your service on request.

4 CPD POINTS, RUN YEARLY IN OCTOBER/NOVEMBER

YHUNGER TRAINING

Do you find yourself wishing for more meaningful ways to engage young people in food and physical activity? Would your service benefit from the opportunity to consolidate your policies and practices in food and physical activity, share innovation in the youth sector and participate in practical professional development? Youthblock offers training workshops for youth services in the award winning Yhunger program with our partner organisations, where your service can receive the Yhunger kit with all its youth specific and flexible resources for free!

7 CPD POINTS, RUNNING ON MULTIPLE DATES

YOUTH MENTAL HEALTH FIRST AID TRAINING

About 1 in 4 young Australians experience a common mental illness each year. Youth Mental Health First Aid (MHFA) training will teach you practical skills to support an adolescent with a mental health problem. Make a real difference to the young people in your community.

14 CPD POINTS, RUNNING ON MULTIPLE DATES

**FOR TRAINING AND WORKSHOP DETAILS
AND REGISTRATION PLEASE CONTACT:**
SLHD-Youthblock@health.nsw.gov.au

Youthblock can also be contacted on:
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