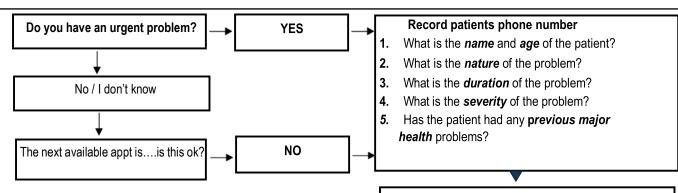
# Triage: A Guide to Urgency for Non-clinical Staff in General Practice for Telephone and Walk-in Presentations





#### **EMERGENCY ACTION PLAN**

- Remain calm and don't panic
- Be aware and respond to the needs of the emergency
- Assess which patient needs to take priority
- Deal with any injury or illness in order of severity

CALL 000

for Ambulance, Police, Fire

Select a category below and follow instructions

Category 1	Category 2	Category 3	Category 4	Category 5	Category 6
<ul> <li>Chest pain</li> <li>Breathing difficulties/ trouble talking</li> <li>Facial swelling &amp; rash</li> <li>Collapse / altered consciousness</li> <li>Facial / limb weakness</li> <li>Extensive burns</li> <li>Sick patient you have concerns about</li> </ul>	<ul> <li>Fitting</li> <li>Bleeding (heavy or persistent)</li> <li>Spinal or head injury / trauma</li> <li>Snake bite</li> <li>Heart palpitations</li> <li>In labour / ruptured membranes</li> <li>Neck stiffness / altered consciousness</li> </ul>	<ul> <li>Unable to urinate</li> <li>Unwell 'floppy' infant</li> <li>Poisoning / overdose</li> <li>Eye injuries / chemical in the eye</li> <li>Pain (severe)</li> <li>Injured limb / possible fracture</li> </ul>	<ul> <li>Unwell child / elderly with fever, vomiting, diarrhoea or pain for &gt;24 hours</li> <li>Pregnancy: Pain or bleeding; reduced foetal movement</li> <li>Abuse or assault</li> <li>Visual disturbance</li> <li>Patient or carer with extreme concern</li> <li>Psychological distress</li> </ul>	<ul> <li>Unwell child / elderly with fever, vomiting, diarrhoea or pain for &lt;24 hours</li> <li>Rash (severe)</li> <li>Cut / laceration</li> <li>Severe flu like symptoms</li> </ul>	<ul> <li>Adult with fever, but otherwise well</li> <li>Post op problems</li> <li>Eye or ear infections / pain</li> <li>Adult with continuous vomiting and/or diarrhoea for &gt;24 hrs</li> </ul>
Call 000	Go to emergency department now	Put call through to nurse / doctor	Come to surgery now. Advise nurse / doctor of call	Come to surgery today and call back if gets worse	Make an appointment within 24 hours and call back if gets worse
Call nurse / doctor for help	Interrupt nurse / doctor	Advise nurse / doctor now.	Discuss with nurse /	Inform nurse / doctor	Inform nurse / doctor.
immediately. Retrieve patient	immediately. Retrieve patient	Retrieve patient file. Refer to	doctor. Retrieve patient	within 30 minutes.	Retrieve patient file. Refer
file. Refer to the <i>Triage</i>	file. Refer to the <i>Triage</i>	the <i>Triage Support Guide</i> .	file. Refer to the <i>Triage</i>	Retrieve patient file. Refer	to the <i>Triage Support</i>
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### Front desk triage: How to manage common scenarios faced by reception staff

#### IS THIS AN EMERGENCY?

- When answering the telephone, all callers should be asked if the matter is an emergency prior to being placed on hold: Ask the patient, "Is this an emergency or can I place you on hold for a moment?"
- Consider the TRIAGE STEPS and CATEGORIES listed on the reverse of this document to assess the patient's status.

#### **ASK THE PATIENT – TRIAGE STEPS**

- 1. Confirm the patient's name and phone number
- Does the patient attend the surgery (i.e. does the practice have previous medical records to hand)
- 3. Location (Are you at home? Are you alone?)
- 4. Nature of their problem (Patient may prefer to speak to the practice nurse or on call doctor)
- 5. Duration of their symptoms (*How long have you felt like this?*)
- 6. Severity of their problem (*On a scale of 1 to 10 how severe is the pain?* [if applicable])
- 7. Any previous major health problems (*Are you on any medication? Do you have any allergies?*)

#### **EMERGENCY ACTION PLAN**

- Remain calm and don't panic
- Be aware of, and respond to, safety needs of the emergency
- Assess which patient needs to take priority
- Deal with any injury or illness in order of severity CALL 000
   FOR AMBULACE, POLICE OR FIRE

#### ON THE DAY EMERGENCIES IN THE CLINIC

- Category 1 patients should immediately be seen by the on call doctor or other medical professional on duty
- Category 2 patients should be directed to the emergency department of their nearest hospital
- Category 3 patients or patients with worsening symptoms should be referred to the practice nurse or on call doctor
- Category 4 patients should be advised to attend the clinic immediately and triaged by the practice nurse (may then be slotted in between appointments or at the end of the session)
- Category 5 patients should make an appointment for the day and be advised to call back if symptoms worsen
- Category 6 patients should make an appointment within 24 hours and call back if symptoms worsen

## PATIENTS PRESENTING WITH SYMPTOMS OF POTENTIAL COMMUNICABLE DISEASES

- Such as 'flu / influenza, measles, chicken pox should be isolated to a secluded area of the medical practice such as the nurses office. Where possible, a notice of isolation is to be fixed to the door to limit access in this area.
  - Patients with 'flu like symptoms should be required to wear a surgical mask.
  - Clinical staff treating the patient should wear as a minimum, a surgical mask, gloves and when collecting nose and/or throat swabs, protective evewear.
  - If the patient is bleeding or vomiting put gloves on before you assist them.

#### **SCHEDULING CARE**

- Reception staff should reserve a number of unbooked appointment times each day for 'on the day' urgent appointments such as unwell children and the elderly, lacerations and suspected fractures.
- If your practice does not operate on an appointment system, patients should be triaged on walk in and advised of the expected waiting time to see the doctor, nurse or Aboriginal health worker.
- Where a patient is assessed as in need of urgent medical attention over the telephone, advise the caller to hang up and call 000 immediately for an ambulance.
- Where a receptionist is unable to determine the urgency of a telephone call, the patient should be transferred to the practice nurse or on call doctor for triage.
- If a patient presents in person and requires urgent medical assistance after the doctor has left – call 000 for ambulance

All emergency cases dealt with by reception are to be recorded in the patient health records by the staff member concerned in addition to the clinical notes recorded by the practice nurse or doctor (s) treating the patients